

NEWSLETTER

MAY 2023

Meetings are held in the Methodist Centre,
Bingham at 2pm

Third Wednesday of the month
NEXT MEETING : 17th May 2023

Bingham u3a



Founded October 2000

Registered Charity No. 1181961

LEARN, LAUGH, LIVE

UPCOMING MEETING SPEAKERS

17 th May 2023	<i>Emma Sheardown (return) + Coronation Memorabilia</i>
21 st June 2023	<i>Tales from Aesop by a Storyteller</i>
19 th July 2023	<i>A Visit from The Plague Doctor</i>

JOURNEY INTO THE CENTRE - THE FIRST 30 DAYS

Back in February, I was challenged to say what I'd do in my first 100 days as Regional Trustee.

So far, I've

- arranged to visit meetings of all five Networks in the Region
- established a working relationship with the other new Regional Trustees
- assembled a strong, independent-minded and enthusiastic support team and arranged an online meeting of the team in May
- attended several Trustee Induction sessions
- hit the ground running with my other Regional responsibilities

Still to do?

- publish another issue of the Regional Trustee Newsletter, probably in June
- appoint a new Regional Publicity Adviser and "Master of Newshounds"
- start planning for another Regional Conference, possibly in 2025

National Vice-Chair Allan Walmsley has said that he expects the new Trustees to make quite an impact. Let's not disappoint him!

LEARN, LAUGH, LIVE!

John Lewis



A National and International organisation that provides companionship and enables members to share many educational, creative and leisure activities.

Programme News

You may remember from March's newsletter, that I asked for input to the proposed meeting on **Wednesday 17th May**. This could be memorabilia concerning the Coronation of HM Queen Elizabeth II, such as souvenir mugs, pens, booklets, newspaper cuttings, programmes etc. It would be interesting to share what we have and compare with what will (by then) be the recent Coronation of HM Charles III.

We shall be hearing from **Emma Sheardown** at the beginning of the meeting, followed by a Coronation quiz and tea and biscuits, while we view and chat about our memorabilia. Make a note in your diary! Thank you.

In **June** we shall be hearing ***Tales from Aesop by a Storyteller*** followed in **July** by a visit from ***The Plague Doctor***.

Do come along to the monthly meetings to hear these interesting speakers and maybe bring a friend to try Bingham U3A?

Share your family memories of WW2

You are invited to take part in '***Their Finest Hour***', a Heritage Lottery-funded nationwide campaign organised by the University of Oxford to collect and preserve the everyday stories and objects of the Second World War.

As these personal stories are fast fading from living memory, it is vital to preserve them and the wartime objects that often accompany them. As well as artefacts from the front, there are the experiences of those at home, including women and children.

How can you help?

- Subscribe to a national email group where u3a members can share views, air your Q&As with 'Their Finest Hour', and generally keep in the loop at <https://forms.office.com/e/ctt2eu6v2c>
- Attend the u3a Online Learning Event, date tbc.
- Share this message in your u3a, on Facebook, and in your newsletters.
- Go to a 'Digital Collection Day' to bring your stories or volunteer at it.
- Run a collection in your activity group over several meetings.
- Go online and upload your war-related stories and materials at

<https://theirfinesthour.english.ox.ac.uk/>

'Digital Collection Days' are being run at a host of museums, libraries, services charities, and schools across the country, from Belfast, Cumbria, and Edinburgh down to Essex, London, Oxfordshire, and South Wales. u3a members volunteered at one of the first 'Days' in Oxford:

"It's like 'Flog It!' or 'Antiques Roadshow' without the valuation! There's so much you can do, from meet-and-greet to what I enjoyed the most, showing someone their husband's war record online - he flew Lancasters - helping them understand more about their family story."

Ally Edwards, u3a Evesham and District, 10 March



TRAVEL GROUP



**Only U3A Members can go on U3A Holidays
or Excursions**

DAY TRIPS

The coach (Emjay Tours) will pick up in Bingham & East Bridgford

Wednesday 31st May

SEZINCOURT HOUSE - *PLACES STILL AVAILABLE TO FILL THE COACH*

Sezincourt House is between Bourton on the Water & Moreton in the Marsh in the Cotswolds. The house was built for Colonel John Cockerell, grandson of Samuel Pepys. The house is built and furnished in the Indian Moghul style. It influenced changes in the design of the Brighton Pavilion and was built 200 years ago. It is still managed by a family team (brother/sister). There is also a 2,000 acre farm.

We will be travelling on an Emjay Tours Coach and will journey through and stop at some pretty villages en route. We will be viewing the house and gardens in 2 groups at 3.30 & 4.00 p.m. so we will not be departing early but will not return home until after 7.30 p.m.

Price Coach £29.50 House & garden entry £12.50. If you do not wish to visit the house and garden you can stay longer at Bourton in the Water and the coach will pick you up later.

To book a place phone Pat 01949 875471 or Beryl 7792 929 334 or ask at the Travel Desk at the monthly meeting.

Tuesday 25th July

Coach tour of Cromer and Sheringham

Enjoy a day out at the seaside with friends. We will be travelling on Emjay Tours deluxe coach and Malcolm will take us on a tour of both resorts where we will have additional time to explore the resorts or just relax.

Price Coach £30.00

You can book a place at the Travel Desk at the monthly meeting or phone
Pat 01949 875471 or Beryl 7792 929 334

Tuesday 26th September

Coach Tour of Derbyshire (area around Bakewell - details later)

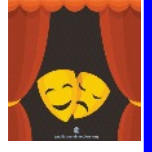
Wednesday 25th October

Flamborough & Bridlington

Coach and lunch included



THEATRE NEWS



Forthcoming visits

NEW - HEATHER THE MUSICAL on Thursday 31st August at 2pm at the Theatre Royal

Winner of the best new musical 2019, Heather is a black comedy rock musical. You can dream of a better day and being a nobody might kill you but is it murder being so well known???

Price £ 40.50 No concessions available. Payment date 30th June.

NEW - EVERYBODY LOVES JAMIE on Wednesday 27th September at 2pm at the Theatre Royal

This well known and award and record-breaking musical tells the story of Jamie New. He is 16 and lives on a council estate in Sheffield. He doesn't quite fit in and is terrified about the future; but he is going to be a sensation!

Price £38.50 (no concessions) Payment date 26th July.

Please contact me with any queries and information or ideas for future visits and let me know when booking if you would like to have lunch before these outings:
07443595653 /01949 838140, or email randjhutton@gmail.com.

Please note my new address:

Dane Cottage, 15 Cherry Street Bingham NG13 8AJ Tel 01949 838140/07443 595653

Jackie Hutton

NEW MEMBERS

The committee would like to express a warm welcome to the following new or returning members:

Rosie Garner, Jill Farrimond, Jennifer Howes,
Martin Cox, Lindy Turner.

We hope they will enjoy being part of Bingham u3a and participating in the activity groups of their choice.

Bingham Summer Fair

We have booked a stall at the Fair on 10th June to publicise u3a.

It would be great to display lots of photographs, reports and other material from the groups. If you have anything you think may be of interest please talk to any member of the committee.

We also need your help in manning the stall on the day - the more volunteers the shorter the slots on the rota. This is a great chance to spread the word about what u3a means to YOU.

CHAIRMAN & SECRETARY

Yes, we still need volunteers for these two essential posts. Is there anyone with the necessary enthusiasm and esprit de corps to step forward? Contact any member of the committee to discuss.

Constitution

At the Special General Meeting on 19th April it was unanimously agreed to adopt the revised constitution for Bingham u3a, which will enable us to use proxy voting and hold virtual and hybrid general meetings. The constitution still needs ratification by the Third Age Trust and the Charities Commission. It can be viewed on the website.

One Hour A Month

Could you spend an hour a month making sure all our local publications have up to date copy for their publications eg Buttercross, Bingham Life, Rushcliffe News? If you could, your u3a needs you.

Contact AnnLewis

Binghamu3asecretary@gmail.com

EXPLORERS NEWS

On Monday 17th April 8 members had what can probably be called more an interesting experience than an enjoyable one visiting the only National Holocaust Museum in the world. To find that within a 40 minute drive of Bingham is also in-

credible. I say it wasn't enjoyable because we saw, heard and read about the terrible experience of the Jews in the war.

We were guided by Jonathan, an incredibly knowledgeable volunteer. He took us through the interactive journey and eyes of a 10 year old who had been on the Kinder transport. We then saw the main exhibition



on our own before meeting up to be guided in the garden of remembrance - a peaceful and beautiful garden full of white rose bushes to complete our visit.

Uncomfortable as this was, it was absolutely fascinating and opened our minds as to why it is still so important to remember this in a world where discrimination and war between different cultures is still happening.

Judith Wilkin

Discover Bingham

Interested in the story and development of Bingham? By popular request, Ann and Veronica will be leading a repeat of their walk round Bingham for people who missed it first time round. "A magical mystery tour of things you never knew about where you live!"

Date: 13th June, time: 2 pm, place: Under the Buttercross

Places limited to 20, first come first served.

How to book a place: Contact Veronica (Bingham.u3a.vicechair@gmail.com)

Proposed visit to Greens Mill

John Perry has volunteered to organise and facilitate a tour of Green's Mill, Nottingham. The cost is £3 per person for a conducted tour payable in advance. Transport will be either by bus or private car, ideally sharing where possible. The Mill is open Wednesday to Sunday and further information will be promulgated in due course. Please contact John Perry on bingham.u3a.vicechair@gmail.com to express interest.

Music Appreciation Group

As the country will be celebrating the Coronation of King Charles III in May it seemed appropriate to have an afternoon of music with royal connections so Jennifer David will be presenting her selection of music on the theme of Kings, Queens and other royals – could be quite exciting!



The May meeting is on the 9th and will again be at Maisie's home at 'Newlands', The Saucers in Scarrington as Jennifer does not have sufficient space at her home.

Please ring Maisie 01949-850402 if you would like to attend.

Please note that we have changed our meeting date from the 3rd Thursday to the 2nd Tuesday of the month for the foreseeable future. Many thanks

Anthony Watts

Book Club

Lively discussion of ***Mothers Boy*** took place on this book about Charles Causley's life. All loved the book and we had loads to talk about. At the end we read some of Charles Causley's poems and discovered that he is being studied at GCSE, ***Eden Rock*** being his most famous poem. His headstone simply read "Poet". Next meeting is **23rd June**. The book of the month is ***The Pull of the Stars*** by Emma Donoghue.



WINE CLUB

It was proposed that a second wine club be set up but it would appear there is little or no demand. If you are interested in joining/starting such a group, please contact Group Co-ordinator Veronica Perry to discuss.



Amblers on their blossom walk at Upper Saxondale on a May morning.

The History Group is launched!

A very successful first meeting in Church House on 26th April, attended by 18 members. A lively discussion took place on the origins of WW1 and whom to blame. All meetings will be at 2pm on 4th Tuesday of the month venue to be confirmed.

Next meeting : **May 24th at Methodist Church.**

Presentation by Nick Bailey on **Hong Kong.**

Following meeting: **June 28th** by Jo Mc Hugh on the **Mitford Sisters.**

Future ideas : Visit to **Southwell Workhouse** in **July** and talks for Autumn are in the pipeline

If you wish to give a talk, facilitate a visit or know someone who would like to give us a talk, please be in touch. If you are interested but were unable to make the initial meeting, please contact me on jkp1951@gmail.com, John Perry (Facilitator)

GROUP UPDATES

CROQUET

This group has restarted for the summer but Trish Tilley will be stepping down at the end of the season so this group too will need a new facilitator. If anyone is interested in taking over, please talk to Trish.

Meeting dates and times when Trish is not available this season:

11 May – Trish not available

25 May

8 June

22 June – Trish on holiday

6 July – Trish may be unavailable

20 July

3 August

17 August

31 August

14 September

28 September

French Improvers Group

No one has come forward to facilitate this group so unfortunately it is now disbanded. If anyone has a burst of enthusiasm to take up the reins, please contact Group Coordinator Veronica Perry ASAP.



CYCLING

Charles Richardson has stepped down on a permanent basis from leading this group, unless anyone is interested in reviving it? Again, please contact Veronica Perry if you're an enthusiastic peddler!!

GROUP CONTACT DETAILS AND MEETING TIMES

Monday am:

Group	<u>Ambling 1</u>	<u>Coffee Social</u>
Contact	Miriam Bingham	Any committee member
Telephone	01949 836390	01949 839946
Venue	by Church House	Buttercross Pub
Frequency	Weekly	2 nd
Time	10.30 am	10.30 am

Monday pm:

Group	<u>Cinema</u>	<u>Table Tennis</u>	<u>Board Games</u>	<u>Welsh</u>
Contact	Lindsay	Chris Skingle	Jeff Peters	Beryl Kemp
Telephone	Evet	01949 876221/	01949 875406	01949 839728
Venue	01949 851115	07979851934	Bowls Club	Library
Frequency	Butler's Coffee Hse	Bingham Arena	Oct to April	2.30pm
Time	2nd Monday 2.00 pm	1 st & 3 rd (seasonal September to April)	2 nd Monday 7 pm	<u>Wine</u> Lynne Barnett 01949 875151 Various 3 rd or 4 th 2.30 pm
	<u>Spanish Conversation</u> Laura Rennie's house 2pm - alt weeks 07722499111	4 pm to 5 pm skinglec@gmail. com		

Tuesday am:

Group	<u>KNIT & NATTER</u>
Contact	Beryl Kemp (839728) or
Telephone	Judy Soar (837108)
Venue	Bingham Library
Frequency	Weekly
Time	10am

Tuesday pm:

Group	<u>Ambling 2</u>	<u>Gentle Exercise</u>	<u>Music Appreciation</u>
Contact	Jackie Hutton/Sue	Linda Walden	Anthony
Telephone	Eaton	01949 836717	Watts/Derrick Gierth
Venue	01949 838140/839946	Old Church Ho.	01949 875968
Frequency	07443 595653/07868	Weekly	Various
Time	153314	1-2 pm	2 nd of the month
	Car Park		2 pm
	Fortnightly @ 1 pm		
Group	<u>French Conversation 2</u>	<u>Book Club</u>	
Contact	Barbara Savage	Veronica Perry	
Telephone	01949 838782	01949 875231 or	
Venue	Various	07855 762775	
Frequency	2 nd & 4 th	Every 4 th Tuesday	
Time	2-4 pm	Library	
		2pm	

GROUP CONTACT DETAILS AND MEETING TIMES

Wednesday am:

Group	<u>Walking 1</u>	<u>Walking 2</u>	<u>Walking 4</u>	<u>Petanque (Seasonal)</u>
Contact	Judith Williams	Esme Smith	John & Glyn	Beryl Kemp
Telephone	07523 645105	01949 875148	Greenwood	01949 839728
Venue	By Church House	Church Ho./Car	01159 899798	The Grange
Frequency	1 st	Share2 nd	Church Ho./Car	Alternate w'ks
Time	10 am	9.30 am	Share 4 th 9.30 am	10 - 12 midday

Wednesday pm:

Group	<u>Spanish</u>	<u>History</u>
Contact	Jean Oates	John Perry
Telephone	01949 850864/07898895274	jkp1951@gmail.com.
Venue	Old Courthouse	Church House
Frequency	fortnightly	4 th Wednesday
Time	2 - 3 pm	<u>2pm</u>

Thursday am:

Group	<u>STEM</u>	<u>Bridge</u>
Contact	Dave Hobson	Dave Coble
Telephone	01949 836042	07966370385
Venue	Methodist Church	Bowls Club
Frequency	Last Thursday	Alternate weeks
Time	11:00-12:00 Appletrees.hobson@gmail.com	10 - 12 midday

Thursday pm:

Group	<u>Croquet (Seasonal)</u>
Contact	Trish Tilley
Telephone	01949 837923
Venue	Pavilion Butt Field
Frequency	Fortnightly May to Sept.
Time	1.00 pm

Group	<u>German Conversation</u>
Contact	Valerie Morgan
Telephone	0115 9332353
Venue	Various
Frequency	Fortnightly
Time	2.30 pm

Friday am:

Group	<u>Mobility & Movement</u>	<u>Recorder</u>
Contact	Ann Lewis	Viv Dyer
Telephone	01949 831530	01949 838614
Venue	Methodist Hall	Old Court House
Frequency	Weekly	1 st & 3 rd
Time	10 - 11 am	10.30 - 11.45 am

GROUP CONTACT DETAILS AND MEETING TIMES

Friday pm:

Group **French Group 1**
Contact Lis Leslie
Telephone 01949 831602
Venue Various
Frequency Fortnightly
Time 2 - 4 pm

Group **Gardening**
Contact Tina Patrick
Telephone 07801 150567
Venue Various
Frequency TBC
Time 2.00pm

Sunday:

Group **Sunday Lunch 1**
Contact Jill Kent
Telephone 0115 9334516
Venue Various
Frequency 1st
Time 12.30 pm

Groups meeting up on various days:

Group **Theatre visits**
Contact Jackie Hutton
Telephone 01949 838140/07443 595653
Venue Various Theatres

Group **Explorers Visits**
Contact David Heppenstall
Telephone 07885 200 852 or email on Heppenstalldavid@hotmail.com

HAVE YOU VISITED OUR WEBSITE?

Lots of photos, contacts and other information. www.binghamu3a.org

Why not follow us on Facebook? www.facebook.com/binghamu3a



Your Committee

POSITION	NAME	Contact Number	EMAIL
Chairman	John Lewis	01949 831530	bingham.u3a.chairperson@gmail.com
Vice Chairman	Veronica Perry	01949 875231	bingham.u3a.vicechair@gmail.com
Treasurer	Judith Axtell	01949 839097	bingham.u3a.treasurer@gmail.com
Secretary	Ann Lewis	01949 831530	bingham.u3a.secretary@gmail.com
Programme	Linda Molineaux	07855 762775	bingham.u3a.programme@gmail.com
Membership	Margaret Blythe	01949 831537	bingham.u3a.membership@gmail.com
Publicity	John Lewis	<u>01949 831530</u>	bingham.u3a.chairperson@gmail.com
Website	Dave Hobson		
Groups Co-ordinator	Veronica Perry	01949 875231	bingham.u3a.vicechair@gmail.com
Newsletter	Tina Tringham	01949 839153/07 941 279189	bingham.u3a.newsletter@gmail.com
Database Manager	Steve Aremia	01949 831537	bingham.u3a.database@gmail.com

POSITION	NAME	Contact Number	EMAIL
New Members Support	Beryl Kemp	01949 839728	bingham.u3a.beryl.newmembers@gmail.com
Equipment Handler (non-committee)	Judy Soar	01949 837108	
Refreshments (non-committee)	Sue Eaton & Volunteers	01949 839946	

The deadline for the JUNE 2023 edition is
Contact Tina Tringham 01949 839153/07941 279189
e-mail : bingham.u3a.newsletter@gmail.com

27 May