

NEWSLETTER

NOVEMBER 2022

Meetings are held in the Methodist Centre,
Bingham at 2pm

Third Wednesday of the month
NEXT MEETING : 16th November 2022

Bingham u3a



Founded October 2000

Registered Charity No. 1181961

LEARN, LAUGH, LIVE

UPCOMING MEETINGS

16 th November 2022	Tax, Care and Toy Boys (Estate Planning) with Janina Wyzkiewicz
21 st December 2022	History of Pantomime with Ann Featherstone
17 th January 2023	'No Such Word as Can't' with Emma Sheardown

THE THOUGHTS OF CHAIRMAN JOHN

2022's been a bumpy old year, and no mistake!

A good start in April with another in-house production called The Blues and How to Beat Them was followed in June by our Royal Diamond Jubilee Picnic in the Park.

Despite the sad news of the death of HM Queen Elizabeth II in September, we decided to go ahead with our part in the u3a 40th Anniversary Baton Relay and Finale Flashmob in September, without which the world would have been denied the world's only 11-man Barbershop Quartet, jiving in the Market Square and the bizarre exploits of the Evil Ovaltine and his nemesis Officer Dribble.

All this plus a cracking line-up of speakers and performers at our monthly meetings, and the vast range of visits and experiences offered by our activity groups.

It's all a bit of fun, of course, but there's a serious side to what we do as well. It was a pleasure to give so many young people an opportunity to perform to an audience, to work with and share ideas with the Rosie May Foundation, other u3a's and public figures. Many thanks are due to the National Lottery Community Fund and the Third Age Trust for providing such generous funding and to our fantastic Committee and the countless members and others who worked so hard to make these things happen.

Next year, we've got the Coronation of King Charles III in May to look forward to, as well as National u3a Day in September. You've asked for another afternoon of performances by members as well, but the diary's already crammed with goodies, so this isn't likely to happen until after the Coronation.

In order to provide all this to our members out of your subscriptions and break even, we have to fix your subscriptions at a realistic level, bearing in mind that National subscriptions and operating costs are all set to rise in the coming months. Your Committee has therefore decided that this year, subscriptions need to rise to £15. That's a mere 50p a month increase in 4 years!

Sadly also, we cannot continue to offer members a printed copy of Third Age Matters magazine delivered free to their door, which we introduced as a temporary measure in 2020. It will however still be available on request at an additional cost.

SO, LET'S LEARN, LAUGH, LIVE!



A National and International organisation that provides companionship and enables members to share many educational, creative and leisure activities.

Programme News

On 16th November, we shall be welcoming Janina Wyzykiewicz from Co-op Estate Planning to guide us through the sometimes awkward subject of money (and who gets it). His talk entitled *Tax, Care and Toy Boys* has been enthusiastically received by neighbouring U3As and contains no sales talk. There will be an opportunity to ask general questions, but not to quiz him on individual cases.



To add to the seasonal feel on 21st December, Dr. Ann Featherstone will regale us with The History of Pantomime which promises to be a fun afternoon. Audience involvement will be welcomed.

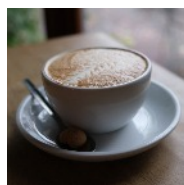


Something completely different for the New Year - on 18th January 2023 an inspirational talk (and don't we need one of those just now) from Emma Shearwater. A quote from Newark U3A:-

"If I had to choose one speaker over all the others it would be this one every time. Emma is a remarkable young lady who gave us a talk about her early life with quadriplegic cerebral palsy and how through sheer determination "There's No such thing as Can't" she learned to walk, talk, and ride horses leading to her representing her country in the sport of para dressage and winning gold medals and many awards for her country. Emma's talk and life was inspirational and no other speakers I've seen have ever connected with an audience so emotionally or in such a positive way. Standing ovations are pretty rare for speakers but Emma got three of them which demonstrates just how much admiration and well-deserved respect Emma got from her audience. I've no doubt that Emma and her "No such thing as Can't" talk will be remembered for a very long time and I thoroughly recommend Emma as a speaker for any u3a group or organisation."

If you need a kick-start to your year, it sounds as though Emma may be just the speaker we need, so come along and maybe bring a friend to try Bingham U3A.

COFFEE MEETINGS - NEW TIME



Our coffee meetings are still taking place on the **2nd Monday of the month in the Buttercross Pub** in the Market Place but will now take place at the new time of **11.30am**. The previous timing seemed to clash with other groups so it was felt this would be more convenient. It's a great opportunity to meet friends old and new. There will always be a committee member there to welcome new members and those just interested in finding out more about Bingham u3a. Do spread the word and invite your friends to come along!

NEWS FROM YOUR SECRETARY

Chinese New Year Banquet

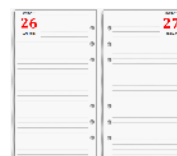
Notts u3a Network is again organising a trip to the Springwater Restaurant in Calverton for their amazing Chinese New Year banquet.

Those of us who went this year will agree that it is an event not to be missed, with all-you-can-eat delicious food, a traditional Chinese Lion Dance and fireworks.



The date is Monday, 23rd January 2023, and the cost is £28 per head, with a deposit of £5 to be paid up front. If you would like to go, contact me on bingham.u3a.secretary@gmail.com as soon as possible.

U3a diaries



The 2023 diary is now available, price £3.50. If you would like to buy one please contact me at bingham.u3a.secretary@gmail.com.

Ann Lewis

TRAVEL GROUP

Only U3A Members can go on U3A Holidays or Excursions

TRAVEL GROUP



SPRING HOLIDAY TO NORTHEAST WALES

13TH – 18TH MARCH 2023

We will be travelling with Emjay Tours on their deluxe coach and will be staying at the 3* Beaufort Park Hotel where we will have dinner, bed & breakfast. It is a short distance from Mold, a friendly market town in Flintshire near to the Clwydian Mountains. The hotel does not have a lift but ground floor rooms are available.

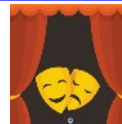
Excursions are available and will include Chester & Llandudno.

Price £349.00 No single supplement but availability is limited.

Please contact **Pat Antcliff 01949 875471** if you wish to reserve a place.



THEATRE NEWS



All 19 members thoroughly enjoyed the Nottingham Playhouse production of *The Clothes They Stood Up In*; funny and poignant with excellent performances from just a 5 strong cast

There are 2 more theatre visits taking us up to the end of this year and all purchased tickets will be available for collection at the main u3a meetings on the 3rd Wednesday of the month if you have not yet collected yours. Please contact me if you are unable to collect on the 19th.

Forthcoming visits

For February there will be quite two diverse options

BEST EXOTIC MARIGOLD HOTEL on Wednesday 8th February at 2 pm at The Theatre Royal Nottingham

Based on the Sunday Times bestseller and popular film, we follow a group of British retirees as they embark on a new life in India. As their lives intertwine and with a well-known cast including Hayley Mills and Paul Nicholas this comedy shows how life can still be unexpected and that you can still take risks and second chances.

Cost £41 or £37.50 group rate. Payment date 1st December.

THE BEEKEEPER OF ALEPPO on Saturday 25th February at 2.30pm at The Nottingham Playhouse

From the acclaimed novel by Christy Lefteri this compassionate and beautiful play follows Nuri the beekeeper and Afra his wife when all they love and care for is destroyed by war and they are forced to leave Aleppo.

Cost £25 or £16.80 group rate Payment date 12th January

TITANIC THE MUSICAL on Saturday 29th May at 2.30pm at the Theatre Royal Nottingham

We all know the history of RMS Titanic but this Tony & Emmy award winning musical is focused on some of the real people who each boarded with hopes and aspirations regardless whether they were 3rd/2nd or 1st class passengers. With a stunning set this production is emotional and stirring.

Cost £44.50 Payment date 15th March

Please contact me with any queries and information or ideas for future visits and let me know me when booking if you would like to have lunch before these outings.
07443595653 /01949 838140 email randjhutton@gmail.com

GENERAL GROUP UPDATES

- History Group on hold while they prepare more talks.
- Knit and Natter - a new leader is needed.
- Wine 2 - there was not enough interest to start a second group after all.
- Lunch Club on Sundays still running.
- Croquet is now finished for the season, back next summer.
- Travel - Pat Antcliff is the new leader for this group - all enquiries to Pat please.
- Book club - next meeting 22nd November - thriving and now full.

Anyone looking to start a group, PLEASE contact me, Veronica Perry, to discuss.

Intermediate Spanish

We are a small enthusiastic group of differing standards. However, this group would not be sensible for a beginner. We meet for an hour **fortnightly at 2pm on Wednesdays** at the Old Courthouse in Bingham. We cover many topics that might be useful on holiday but also other general themes. Most find the written word far easier and struggle with speaking the language so we try to concentrate on conversation.

If you are interested in joining or are just not sure, please feel free to ring me (Jean Oates 01949 850864/07898895274) to discuss further. We welcome all newcomers.

New Spanish Refresher Group

This group is for people who already have a reasonable grip on grammar but need conversation practice. It might suit people who have advanced beyond the existing Intermediate group.

If you are interested, call or message Laura Rennie on 07722 499111 or email to laurare8305@gmail.com. Laura will arrange a preliminary meeting to agree how we organise future meetings and where and when they take place.

Music Appreciation Group

The newsletter information has to be in before we have had our October meeting so will comment on this for the December issue.

The November meeting on November 17th will be at John & June Ferguson's home, 2 Balmoral Road, Bingham where their theme will be something we have never had before – Folk, Country & Western. We might even get a bit of dancing in – who knows!

Please ring June on 01949-837115 if you would like to attend.

Anthony Watts



Ambling Group 1 having lunch at Bradmore following a lovely walk in Rushcliffe Country Park.

We would welcome new members but ideally you should be able to drive and join in the car sharing arrangements we have set up. Most of our walks are to places where public transport is not available so that does make the use of a car and ability to share driving an essential part of our trips.

We don't wish to put enthusiastic walkers off but we are just highlighting the reality of being able to reach our beautiful local countryside. Do telephone to discuss if you're interested.

Miriam Bingham, 01949 836390

U3A cycling group

is suspended until March 2023, essentially due to the winter weather. However I do not want to deter any potential new members so please do contact me if you would like to join in when we resume in the Spring.

Charles Richardson

Board Games Group Back on Again for the Autumn/Winter

The board games group re-started on the 10th October and will be on the second Monday of the month running now until April in the Bowls Club on Long Acre at 7pm. Last month's notification gave an incorrect email address so if you would like any further information please contact Jeff Peters on the *correct* address of: jeff.peters369@gmail.com or tel 01949 875406.

I'D LIKE TO HAVE A GO AT THAT....

Unfortunately this group has now folded as we do not have a volunteer leader/co-ordinator. If anyone feels able to take it on in the future, please let the Editor or a member of the Committee know. In the meantime it will be removed from our listings.

It is always sad to see a group "demise" but if there is no enthusiasm for it, then we have no choice but to wave goodbye. Members had some fun times led by Jeff Peters - indeed I remember very vividly having a go at indoor skydiving! Never to be forgotten!

REAL ALE AND CIDER GROUP

"Another one bites the dust..." - there did not seem to be any interest in this group, having tried to resurrect it after the pandemic so unfortunately it too has closed. A great shame to lose it but if anyone is interested in resurrecting it please be in touch!

EXPLORERS GROUP

An enthusiastic duo has come forward to lead this group - no, not Batman & Robin but Salie & David Heppenstall. We are delighted to welcome them as new u3a members and as group leaders so that we can keep on exploring our countryside and all the interesting but sometimes lesser known gems therein.

Further details will be sent to those already in this group but if you like the idea of joining the Explorers, then please do be in touch with them on their email address as follows:

Heppenstalldavid@hotmail.com

NOTE FROM THE CURRENT GROUP LEADER

The recently-recruited volunteers who organise this large group of members have had a couple of meetings and decided to tighten up procedures when organising trips to places of interest. Perhaps you have an idea for a place you would like the group to visit? It would be enormously helpful if you could find out the details and contact the leader or bring your ideas to a meeting.

Our next visits include the University of Nottingham Lakeside museum of archaeology for a hands-on session of the artefacts from our very own Margidunum site, currently under A46: the recently renovated Nottingham Castle, art gallery and museum to look at the rebellious nature of Nottingham folk: National Memorial arboretum in the Spring among others.

Our recent visit to the Clock Museum was enjoyable and interesting, however, only half of the number of members who put their names down to attend did actually turn up. As we had booked for a group discount, this put the organiser in an awkward position, when fewer people were there to share the cost. It was only due to generosity on the part of the museum that we were not out of pocket. Please do bear in mind that when a visit has been organised and publicised, that if you are unable to attend, you give adequate notice to the organiser. In future, if reserving a place on a trip where entrance charges apply, you will be financially committed as we cannot offer refunds.

Thanks for your understanding and we hope to go onwards and upwards for more exploring!

STEM GROUP

I aim to restart face-to-face meetings of the Bingham u3a STEM Interest Group on Thursday 27th October at 11.00 in Room 1 of the Bingham Methodist Centre and thereafter on the last Thursday of each month.

You will remember that the first two sessions (in 2020!) on the theme of **Your Carbon Footprint** covered **The rise and fall of coal** and **The fall and rise of renewable energy** and we will continue with this theme to discuss Home heating, transport and food.

All the material for the three topics covered and some updates can be found on the STEM blog here <http://binghamu3astem.blogspot.com/>.

Please let me know if you are still interested. Numbers at this venue are a bit limited but we can always move to another venue if necessary.

Dave Hobson

GROUP CONTACT DETAILS AND MEETING TIMES

Monday am:

Group	<u>Ambling 1</u>	<u>Coffee Social</u>
Contact	Miriam Bingham	Any committee member
Telephone	01949 836390	01949 839946
Venue	by Church House	Buttercross Pub
Frequency	Weekly	2 nd
Time	10.30 am	11.30 am

Monday pm:

Group	<u>Cinema</u>	<u>Table Tennis</u>	<u>Board Games</u>	<u>Welsh</u>
Contact	Lindsay	Chris Skingle	Jeff Peters	Beryl Kemp
Telephone	Evet	01949 876221	01949 875406	01949 839728
Venue	01949 851115	Leisure Centre	Bowls Club	Library
Frequency	Butler's Coffee Hse	1 st & 3 rd	Oct to April	2.30pm
Time	2nd Monday 2.00 pm	4 pm to 5 pm skinglec@gmail.com	2 nd Monday 7 pm	<u>Wine</u> Lynne Barnett 01949 875151 Various 3 rd or 4 th 2.30 pm

Tuesday am:

Group	<u>French Improvers</u>
Contact	Joanne Collie
Telephone	01949 831899
Venue	Venue TBC
Frequency	Every other Tuesday
Time	10 am

Tuesday pm:

Group	<u>Ambling 2</u>	<u>Gentle Exercise</u>
Contact	Jackie Hutton/Sue Eaton	Linda Walden
Telephone	01949 839728/837376	01949 836717
Venue	Car Park	Old Church Ho.
Frequency	Fortnightly @ 1 pm	Weekly
Time		1-2 pm

Group	<u>French Conversation 2</u>	<u>Book Club</u>
Contact	Barbara Savage	Linda Molineaux or Veronica Perry
Telephone	01949 838782	01949 875231 or
Venue	Various	07855 762775
Frequency	2 nd & 4 th	Every 4 th Tuesday
Time	2-4 pm	Library
		2pm

GROUP CONTACT DETAILS AND MEETING TIMES

Wednesday am:

Group	<u>Walking 1</u>	<u>Walking 2</u>	<u>Walking 4</u>
Contact	Judith Williams	Esme Smith	John & Glyn Greenwood
Telephone	07523 645105	01949 875148	01159 899798
Venue	By Church House	Church Ho./Car Share	Church Ho./Car Share
Frequency	1 st	2 nd	4 th
Time	10 am	9.30 am	9.30 am

Wednesday pm:

Group	<u>Spanish</u>	<u>History</u>
Contact	Jean Oates	Jennie Travers
Telephone	01949 850864/07898895274	07756 825164
Venue	Old Courthouse	Old Church House
Frequency	fortnightly	4 th
Time	2 - 3 pm	2 pm

Thursday am:

Group	<u>STEM</u>	<u>Petanque</u>	<u>Bridge</u>	<u>Cycling</u>
Contact	Dave Hobson	<u>(Seasonal)</u> Beryl Kemp	Dave Cobley	Charles Richardson
Telephone	01949 836042	01949 839728	07966370385	01949 831602
Venue	Venue TBC	The Grange	Bowls Club	The Buttercross,
Frequency	Last Thursday	Alternate w'ks	Alternate weeks	Market Place
Time	11:00-12:00	10 - 12 midday	10 - 12 midday	2 nd & 4 th 10.30 am

Thursday pm:

Group	<u>Croquet (Seasonal)</u>	<u>German Conversation</u>
Contact	Trish Tilley	Valerie Morgan
Telephone	01949 837923	0115 9332353
Venue	Pavilion Butt Field	Various
Frequency	Fortnightly May to Sept.	Fortnightly
Time	1.00 pm	2.30 pm

Group	<u>Music Appreciation</u>
Contact	Anthony Watts/Derrick Gierth
Telephone	01949 875968
Venue	Various
Frequency	3 rd of the month
Time	2 pm

Friday am:

Group	<u>Mobility & Movement</u>	<u>Recorder</u>
Contact	Ann Lewis	Viv Dyer
Telephone	01949 831530	01949 838614
Venue	Methodist Hall	Old Court House
Frequency	Weekly	1 st & 3 rd
Time	10 - 11 am	10.30 - 11.45 am

GROUP CONTACT DETAILS AND MEETING TIMES

Friday pm:

Group	<u>Writing</u>	<u>French Group 1</u>
Contact	Gordon Wallace	Lis Leslie
Telephone	07809 226285	01949 831602
Venue	Scarrington	Various
Frequency	Monthly	Fortnightly
Time	12.00	2 - 4 pm

Group	<u>Explorers</u>	<u>Gardening</u>
Contact	David Heppenstall	Tina Patrick
Telephone	Heppenstalldavid@hotmail.com	07801 150567
Venue	com	Various
Frequency	Venue TBC	TBC
Time	Last of the month 12.30 pm	2.00pm

Sunday:

Group	<u>Sunday Lunch 1</u>
Contact	Jill Kent
Telephone	0115 9334516
Venue	Various
Frequency	1st
Time	12.30 pm

Groups meeting up on various days:

Group	<u>Theatre visits</u>	
Contact	Jackie Hutton	
Telephone	01949 838140	
Venue	Various Theatres	

Group	<u>Explorers Visits</u>	<u>Popular Music Group</u>
Contact	David Heppenstall	John Lewis
Telephone	Heppenstalldavid@hotmail.com	01949 831530

HAVE YOU VISITED OUR WEBSITE?

Lots of photos, contacts and other information. www.binghamu3a.org

Why not follow us on Facebook? www.facebook.com/binghamu3a



Your Committee

POSITION	NAME	Contact Number	EMAIL
Chairman	John Lewis	01949 831530	bingham.u3a.chairperson@gmail.com
Vice Chairman	Veronica Perry	01949 875231	bingham.u3a.vicechair@gmail.com
Treasurer	Judith Axtell	01949 839097	bingham.u3a.treasurer@gmail.com
Secretary	Ann Lewis	01949 831530	bingham.u3a.secretary@gmail.com
Programme	Linda Molineaux	07855 762775	bingham.u3a.programme@gmail.com
Membership	Margaret Blythe	01949 831537	bingham.u3a.membership@gmail.com
Publicity	John Lewis	<u>01949 831530</u>	bingham.u3a.chairperson@gmail.com
Website	VACANCY		
Groups Co-ordinator	Veronica Perry	01949 875231	bingham.u3a.vicechair@gmail.com
Newsletter	Tina Tringham	01949 839153/07 941 279189	bingham.u3a.newsletter@gmail.com
Database Manager	Steve Aremia	01949 831537	bingham.u3a.database@gmail.com

POSITION	NAME	Contact Number	EMAIL
New Members Support	Beryl Kemp	01949 839728	bingham.u3a.beryl.newmembers@gmail.com
Equipment Handler (non-committee)	Judy Soar	01949 837108	
Refreshments (non-committee)	Sue Eaton & Volunteers	01949 839946	

The deadline for the December 2022 edition is
Contact Tina Tringham 01949 839153/07941 279189
e-mail : bingham.u3a.newsletter@gmail.com

24th November

CHRISTMAS QUIZ

u3a



MONDAY 12th DECEMBER 2022
REGISTRATION NOW OPEN



Open to all u3a
members in the
East Midlands

Singles – Couples
& teams of up to 4

No limit on the numbers from
each u3a

Handicap system so
fair for all



To Register send:
Your name
Your email address
Name of your u3a
Team name (if any)
to:

u3achristmasquiz@outlook.com

You'll receive confirmation
within a couple
of days

The quiz will start promptly at 7:00pm – login from 6:45pm

We aim to finish around by 9:00pm

There will be a 10-minute comfort/drinks top-up break after Round 4

Answers will be given after Rounds 4 and 8

merry CHRISTMAS



u3a learn,
laugh,
live
East Midlands Region