

NEWSLETTER

JANUARY 2022

Meetings are held in the Methodist Centre,
Bingham at 2pm

Third Wednesday of the month
NEXT MEETING : 19th January 2022



Bingham u3a

Founded October 2000

Registered Charity No. 1181961

LEARN, LAUGH, LIVE

MISSING PERSONS REPORT

Could anyone who has seen an elderly white-bearded gentleman in a colourful suit or up to eight elves wandering in the Buttercross area please report the sighting to the Fairyland Police Department, North Pole Station? (NB They may well be confused and almost certainly hung-over, so should not be approached.)

In other news, Bingham u3a were entertained by the fabulous Bridge Singers and fed mince pies but sadly no mulled wine or sherry. Around the County, Southwell u3a had a Christmas party featuring music from instrumental and singing groups and original readings, all performed by members, and Forest Town had live music plus Christmas songs, 60s and 70s numbers, a raffle, secret Santa, and a festive quiz.

Further afield, there have been reports of singing, dancing, feasting, music and "group painting" [not each other, surely?]. Also some groups have done marathon walks and even wild swimming [Brrrr! I'll pass on that one, thank you!]

June is going to be a big month for us, as we'll be celebrating the 40th anniversary of the u3a movement, the Queen's Platinum Coronation Jubilee and the planned Bingham Summer Fair. In September, we've got our own 22nd birthday to celebrate around the same time as National u3a Day.

On top of all that, we've got comedy lined up for you in January, February and March in the shape of two routines and, apparently, a light-hearted group therapy session, and in April, a mystery event of which no details are available.

Seriously for a moment, Athena Hodge is stepping down as our Programme Organiser at the end of this month, and we all owe her an enormous thank you for the immense amount of hard work and inspired and inventive planning she's put into this role. A programme of events like ours doesn't just happen - it takes dedicated work, not just by one person but a tightly-knit team of volunteers working together to offer you the most varied, imaginative and exciting u3a experience we possibly can. Someone needs to take over the reins, so please, please get in touch!

A VERY HAPPY NEW YEAR TO ONE AND ALL!

John Lewis
Chairman



A National and International organisation that provides companionship and enables members to share many educational, creative and leisure activities.



THEATRE IS BACK!

Hopefully this will be a successful return to theatre bookings! As before please note the date when payment

has to be paid by and let me know if you would like to have a pre-theatre lunch or make your own arrangements. We make our own way to the venue which is usually in Nottingham so most people travel by bus.



MAGIC GOES WRONG at Theatre Royal Thursday 31st March at 2pm

Created by magic legends Penn & Teller this is a comedy play with grand illusions and breath taking tricks. However the magicians are only moderately skilled and somewhat accident prone so magic turns to mayhem with hilarious results.

Price £38.50 (£ 35.00 group booking price) or £35.00 (£31.50 group booking price)

Payment date is **19th January 2022** U3A January main meeting date.

SIX THE MUSICAL at the Theatre Royal Saturday 30th July at 2.30pm

This show has been critically acclaimed since it began at the Edinburgh Fringe in 2017 and is based on the six wives of Henry VIII in a modern retelling with an all-female band. Possibly not for a purist!

Price £38.50 or £35.50 with no group reduction.

Payment date is **16th March 2022** U3A March main meeting date.

Any suggestions for future bookings/ideas very welcome. Please contact Jackie Hutton on 07443595653 or randjhutton@gmail.com to book or for any additional information.

UPCOMING MEETINGS

19th January 2022 Graham Keal - Oprah Winfrey Touched my Elbow

Ex-showbiz journalist Graham Keal has been interviewing TV celebrities for over 30 years, Oprah included. Graham has also entertained in folk clubs, compered concerts and auditioned for Opportunity Knocks. Now he combines his professional insight with his incisive wit to amuse Rotary Charter Nights, social clubs, U3As, WIs, ladies' luncheon clubs etc.

16th February 2022 Pat Hall - 'Life Can Be Funny'

Observational comedy plus jokes and 'oddities' plus the odd weird poem.

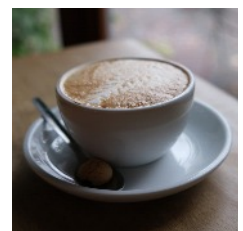
16th March 2022 Malcolm Darrah - Numbers are as easy as Pi

Entertaining, a light hearted therapy for all. Humorous and often mind-blowing look at numbers.

COFFEE MORNINGS AND NEW MEMBERS

Our regular Monday coffee mornings have returned and will take place as previously at the Buttercross pub on the 2nd Monday morning of the month at 10.30am.

Ann Lewis will be hosting the next one on 10th January 2022. These get-togethers are for everyone but we particularly extend a warm welcome to new members where you can chat in a relaxed atmosphere and get to know fellow u3a members who will no doubt soon become friends. See you there!



GROUP NEWS

Christmas Jumper Action

Members of the Movement and Mobility Group showed off their Christmas jumpers on 10th December in aid of Save the Children. They were pleased to raise £26 for the charity whilst having fun and keeping fit.



CYCLING GROUP

Currently going out for a cycle ride on the second (shorter ride) and fourth (longer ride) Tuesday each month, the Bingham U3a cycling group seeks more people to join the group.

All you need is a bike, a cycle helmet and the desire to cycle 15-18 miles or so on the shorter ride and 25 miles or so on the longer ride.

The current riders are an amiable bunch who would love some new company. Please contact Charles Richardson on 07490 690157 or c.richardson44@btinternet.com for more information or just turn up at the Butter Cross in the Market Square on:

- January 11th or
- January 25th

at 10:30 subject, as always, to the weather.

Regards,

Charles.

Music Appreciation Group

The January meeting has been rescheduled to Thursday 20th when we will have our 3rd attempt to watch and listen to the Berlioz Requiem; something quite different to our recent offerings.

The meeting will be at the home of Anthony & Elizabeth, 11 Grove Road, Bingham so please ring 01949-875968 if you would like to attend.

New members very welcome. Please do come and join us ...

Many thanks

Regards

Anthony Watts

Arrangements for monthly meeting in the Methodist Centre **for the time being**

All essential protective measures will be taken for the meeting which will be in the Methodist Centre, but we would ask you to observe the following guidance:

- Masks should be worn at all times except when eating or drinking in the Methodist Centre, unless exempt
- Use anti-bacterial gel on entry
- Make sure you are signed in
- Do not move chairs around in the hall to ensure social distancing is maintained
- Refreshments - collect from the hatch in the hall and sit down, ensuring that there is social distancing in the queue. Sit down when you have collected your refreshments, but you do not need to sit on the same chair as before.
- Do not congregate in the atrium unless there is a table available to sit at
- Observe all signs in the Centre, eg regarding the use of the toilets
- Do not gather in groups immediately outside the Methodist Centre
- Please do your own risk assessment before attending and do not attend if you are experiencing any Covid-19 symptoms
- In addition, we do strongly suggest that all members attending a meeting should have a negative result from a lateral flow test beforehand



HAVE YOU VISITED OUR WEBSITE?

Lots of photos, contacts and other information.

www.binghamu3a.org

Why not follow us on Facebook? www.facebook.com/binghamu3a





TRAVEL GROUP

Only U3A Members can go on U3A Holidays
or Excursions

HOLIDAY TO SCOTLAND

MONDAY 21st – FRIDAY 25th MARCH

This holiday is booked with Emjay Tours. We will be staying at the 4* Doubletree by Hilton Glasgow Westerwood Spa & Golf Resort. All rooms have ensuite facilities. The hotel is midway between Edinburgh & Glasgow.

Brief itinerary

Day 1 Travel to Scotland with suitable stops enroute

Day 2 Today we have a scenic drive of the Trossachs to include Aberfoyle, the Duke's pass, Loch Katrine and Callendar, before returning to the hotel.

Day 3 Our journey today takes us alongside the Firth of Forth crossing the Kincardine Bridge, to the pretty village of Culross before crossing the mighty Forth Road Bridge to Queensferry, where we have free time before boarding our boat cruise with a Cream Tea.

Day 4 We travel to Falkirk where we view the famous Kelpies and have free time before boarding the Falkirk Wheel where we enjoy the full 60 minute Falkirk Wheel experience where you sail through the sky before travelling along the aqueduct to the Union Canal & back. The magnificent structure stands 115 ft tall and requires only the pressure of 8 domestic kettles to sail boats through the air and transfer them between the two canals. This is now an iconic landmark & is both a work of art and a feat of engineering which is visited by 500,000 people per year. We then visit Callendar House.

Day 5 After a leisurely breakfast we make our scenic return journey through the Queen Elizabeth Forest to Callendar & Stirling, with suitable comfort stops en route arriving home around tea time.

Price £419.00 there are a few twin rooms for sole occupancy available for a **supplement of £119.00.** Phone Emjay Tours (01636 684036) and tell them you are with the Bingham U3A Group or enquire at the Travel Desk at the Monthly Meeting.

COACH DAY EXCURSIONS 2022

DATES FOR YOUR DIARY



Friday 4th March	Kinema in the Woods
Thursday 12th May	Canal Boat Trip & Derbyshire
Friday 22nd July	Anglesey Abbey
Tuesday 20th September	Sezincote House & The Cotswolds

Details will be given in Newsletters near the time.

PRINTED NEWSLETTER COPIES

We have tried to keep those of our members who do not have access to the Internet, informed and up-to-date about our u3a in Bingham and surrounding districts during the time of Covid by posting copies to their home addresses. Specifically during lockdown it was impossible for members to obtain their monthly printed copy as meetings were cancelled and the library was closed.

However, the cost of posting newsletters monthly has increased significantly in recent times and, given that we produce an electronic copy on the website as well as providing printed copies at meetings and the library, we have had to review this decision. We now have to revert to former times and request a stamped addressed envelope for members who wish to receive their copies in printed format sent to their homes each month.

This does mean 10 SAEs as there are two months of the year when the newsletter is not produced. Please send or deliver these to our Membership Secretary, Margaret Blythe at 7 Mill Hill, Bingham, NG13 8YR.

Thank you.



Happy and healthy New Year to all members!



National News

If you have not signed up to the emailed national newsletter you may not be aware of some interesting current and forthcoming initiatives:

- **40 years old!** 2022 is the 40th anniversary of the u3a movement. There will be many events taking place to mark this significant achievement of our amazing organisation. This will include a Picnic in the Park for our members. Watch out for more information on this..... Members are invited to tell national about why you love being part of the movement. How about some entries from Bingham?
- **Quilt competition** You may have read in Third Age Matters that members were invited to submit designs for squares on the topic of Positive Ageing to make up an anniversary quilt. The 40 winners have now been chosen, and a list published on the TAT website: <https://www.u3a.org.uk>. It is planned to reveal the completed quilt as part of the Queen's Platinum Jubilee celebrations, followed by displays around the country. Will it come to Notts?
- **Poetry competition** Feeling inspired? The 2022 poetry competition is now open for submissions. The theme is 'New', and the closing date is 25th February. To find out more and to read the 2021 winners' entries go to the Learning pages of the national website.
- **U3a Wood** It's not too late to sponsor a tree for the u3a wood. The aim is to plant 5,000 trees to commemorate the 40th anniversary, of which 3,000 have been purchased so far. They cost from £7.50, with the unit price reducing according to the number purchased. If you are interested contact the secretary on bingham.u3a.secretary@gmail.com who will organise the orders. The trees will be planted in the Brecon Beacons National Park.

Ann Lewis
Secretary

GROUP CONTACT DETAILS AND MEETING TIMES

Monday am:

Group	<u>Ambling 1</u>	<u>Coffee Social</u>	<u>Knitting</u>
Contact	Miriam Bingham	Sue Eaton	Helen Rose
Telephone	01949 836390	01949 839946	01949 839298
Venue	by Church House	Buttercross Pub	Helen's Home
Frequency	Weekly	2 nd	4 th
Time	10.30 am	10.30 am	10.30 am
		To be hosted by committee members for now	

Monday pm:

Group	<u>Cinema</u>	<u>Wine</u>	<u>Board Games</u>	<u>Table Tennis</u>
Contact	Lindsay	Lynne Barnett	Jeff Peters	Lynne Barnett
Telephone	Evet	01949 875151	01949 875406	01949 875151
Venue	01949 851115	Various	Bowls Club	Leisure Centre
Frequency	No 16 cafe	3 rd or 4 th	11 th Oct to April	1 st & 3 rd
Time	1 st not Bank Hol 2.00 pm	2.30 pm	7 pm	4 pm to 5 pm

Tuesday am:

Group	<u>French Improvers</u>	<u>Cycling</u>
Contact	Joanne Collie	Charles Richardson
Telephone	01949 831899	01949 831602
Venue	Venue TBC	The Buttercross, Market Place
Frequency	Every other	2 nd & 4 th
Time	10 am	10.30 am

Tuesday pm:

Group	<u>Ambling 2</u>	<u>Gentle Exercise</u>
Contact	Beryl Kemp/Jackie	Linda Walden
Telephone	Hutton	01949 836717
Venue	01949 837376	Old Church Ho.
Frequency	Car Park	Weekly
Time	Fortnightly @ 1 pm	1-2 pm

Group	<u>French Conversation 2</u>
Contact	Barbara Savage
Telephone	01949 838782
Venue	Various
Frequency	2 nd & 4 th
Time	2-4 pm

GROUP CONTACT DETAILS AND MEETING TIMES

Wednesday am:

Group	<u>Walking 1</u>	<u>Walking 2</u>	<u>Walking 4</u>
Contact	Judith Williams	Esme Smith	John & Glyn Greenwood
Telephone	07523 645105	01949 875148	01159 899798
Venue	By Church House	Church Ho./Car Share	Church Ho./Car Share
Frequency	1 st	2 nd	4 th
Time	10 am	9 am	9.30 am

Wednesday pm:

Group	<u>Spanish</u>	<u>History</u>
Contact	Jean Oates	Jennie Travers
Telephone	01949 850864	07756 825164
Venue	Old Courthouse	Old Church House
Frequency	fortnightly	4 th
Time	1 - 2 pm	2 pm

Thursday am:

Group	<u>STEM</u>	<u>Petanque (seasonal)</u>	<u>Card School</u>
Contact	Dave Hobson	Beryl Kemp	Veronica Perry
Telephone	01949 836042	01949 837376	01949 875231
Venue	Venue TBC	The Grange Radcliffe	TBC
Frequency	Last Thursday	Alternate weeks	Alternate weeks
Time	11:00-12:00	10 - 12 midday	10 - 12 midday

Thursday pm:

Group	<u>Croquet (Seasonal)</u>	<u>German Conversation</u>
Contact	Trish Tilley	Valerie Morgan
Telephone	01949 837923	0115 9332353
Venue	Pavilion Butt Field	Various
Frequency	Fortnightly May to	Fortnightly
Time	Sep, 1.00 pm	2.30 pm

Group	<u>Music Appreciation</u>
Contact	Anthony
Telephone	Watts/Derrick Gierth
Venue	01949 875968
Frequency	Various Last
Time	(usually) @2 pm

Friday am:

Group	<u>Mobility & Movement</u>	<u>Recorder</u>
Contact	Ann Lewis	Viv Dyer/Pat Selby
Telephone	01949 831530	01949 838614/ 01949 839824
Venue	Methodist Hall	Old Court House
Frequency	Weekly	1 st & 3 rd
Time	10 - 11 am	10.30 - 11.45 am

GROUP CONTACT DETAILS AND MEETING TIMES

Friday pm:

Group	<u>Writing</u>	<u>French Group 1</u>
Contact	Gordon Wallace	Lis Leslie
Telephone	07809 226285	01949 831602
Venue	Scarrington	Various
Frequency	Monthly	Fortnightly
Time	12.00	2 - 4 pm

Group	<u>Explorers</u>
Contact	John Lewis / John Greenwood
Telephone	01949 831530
Venue	Venue TBC
Frequency	Last of the month
Time	12.30 pm

Sunday:

Group	<u>Sunday Lunch 1</u>
Contact	Jill Kent
Telephone	0115 9334516
Venue	Various
Frequency	1st
Time	12.30 pm

Groups meeting up on various days:

Group	<u>Theatre visits</u>	<u>I'd Like to Have a Go</u>	<u>Real Ale & Cider Group</u>
Contact	Jackie Hutton	Jeff Peters	Ann Lewis
Telephone	01949 838140	01949 875406	01949 831530
Venue	Various Theatres	Contact Jeff Peters	Contact Ann Lewis
Group	<u>Explorer Group</u>	<u>Popular Music Group</u>	<u>Radio Group</u>
Contact	John Lewis	John Lewis	John Lewis
Telephone	01949 831530	01949 831530	01949 831530
Venue	Contact John Lewis	Contact John Lewis	Contact John Lewis

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Your Committee

POSITION	NAME	Contact Number	EMAIL
Chairman	John Lewis	01949 831530	bingham.u3a.chairperson@gmail.com
Vice Chairman	Veronica Perry	01949 875231	bingham.u3a.vicechair@gmail.com
Treasurer	Judith Axtell	01949 839097	bingham.u3a.treasurer@gmail.com
Secretary	Ann Lewis	01949 831530	bingham.u3a.secretary@gmail.com
Programme	Athena Hodge	01949 838639	bingham.u3a.programme@gmail.com
Membership	Margaret Blythe	01949 831537	bingham.u3a.membership@gmail.com
Publicity	John Lewis	01949 831530	bingham.u3a.chairperson@gmail.com
Website	VACANCY		
Groups Co-ordinator	Veronica Perry	01949 875231	bingham.u3a.vicechair@gmail.com
Newsletter	Tina Tringham	01949 839153/07 941 279189	bingham.u3a.newsletter@gmail.com
Database Manager	Steve Aremia	01949 831537	bingham.u3a.database@gmail.com

POSITION	NAME	Contact Number	EMAIL
New Members Support	Beryl Kemp	01949 839728	bingham.u3a.beryl.newmembers@gmail.com
Equipment Handler (non-committee)	Judy Soar	01949 837108	
Refreshments (non-committee)	Sue Eaton & Volunteers	01949 839946	

The deadline for the February 2022 edition is 31st January 2022
Contact Tina Tringham 01949 839153/07941 279189
e-mail : bingham.u3a.newsletter@gmail.com