

NEWSLETTER

DECEMBER 2022

Meetings are held in the Methodist Centre,
Bingham at 2pm

Third Wednesday of the month
NEXT MEETING : 21 December 2022

Bingham u3a



Founded October 2000

Registered Charity No. 1181961

LEARN, LAUGH, LIVE

UPCOMING MEETINGS

21 st December 2022	<i>History of Pantomime</i> with Ann Featherstone
17 th January 2023	<i>'No Such Word as Can't'</i> with Emma Sheardown
15 th February 2023	<i>Time Through The Ages</i> with John Hope

PANTO TIME! OH YES IT IS!

On the 21st December, Dr. Ann Featherstone's going to regale us with *The History of Pantomime*.

What, I hear you say? Another dry-as-dust history lesson? I don't think so! We're in for a rich feast of slightly salty humour with audience participation and mince pies - alcohol-free of course.

On the 18th January, we'll be seeing the New Year in (a little bit late, I admit) with *No Such Word As Can't*, a truly inspirational talk from Emma Sheardown.

Emma was born with Quadriplegic Cerebral Palsy, which has affected her balance, speech and co-ordination of all four of her limbs. Despite all that, she took up horse riding at the tender age of two, joined a local RDA at seven and progressed to excel at Para Dressage.

Her talk will focus on her journey to becoming European and World Para Dressage Champion and winning bronze, silver and gold medals.

Come along and hear Emma outline the challenges she has faced along the way and share the highs and lows of an international dressage career, to illustrate what can be achieved in the face of adversity.

There are many other treats in store for you up to Easter and a long way beyond, but you'll have to wait and see what the Elves have in mind.

A VERY MERRY CHRISTMAS AND HAPPY NEW YEAR TO YOU ALL



A National and International organisation that provides companionship and enables members to share many educational, creative and leisure activities.

MERRY CHRISTMAS TO ALL MEMBERS!



Programme News



As outlined on the Chairman's front page piece, our December meeting on 21st December, will have a seasonal feel on ***The History of Pantomime*** - audience participation will be welcomed.

Starting 2023, on 18th January we have an inspirational talk from Emma Shearwater, World Para Dressage Champion and on 15th February John Hope will be with us to tell us about ***Time Through The Ages*** - more details to follow. This follows a recent visit to the Horological Institute where we learnt about their collection of time-pieces.



Then on 15th March, Jack Hibbert from the Fire Service will give an interesting and informative talk on ***Fire Safety***.

Do come along to the monthly meetings to hear these interesting speakers and and maybe bring a friend to try Bingham U3A?

NEW MEMBERS MEETING



A very successful get together for new members took place in our local Costa Coffee in November, hosted by committee members - we had to commandeer extra chairs and take over a nearby booth to accommodate all those who came along.

A warm atmosphere of friendly chat imbued the gathering with everyone talking nineteen to the dozen! Hopefully those of you new (or nearly new) to Bingham u3a will have found a welcome there and it is planned to continue to hold these meetings from time to time to ensure our new members feel loved and wanted!

U3a diaries

The 2023 diary is now available, price £3.50. If you would like to buy one please contact me at bingham.u3a.secretary@gmail.com.



Ann Lewis
Secretary

TRAVEL GROUP

Only U3A Members can go on U3A Holidays or Excursions



TRAVEL GROUP

SPRING HOLIDAY TO NORTHEAST WALES



13TH – 18TH MARCH 2023

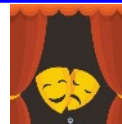
We will be travelling with Emjay Tours on their deluxe coach and will be staying at the 3* Beaufort Park Hotel where we will have dinner, bed & breakfast. It is a short distance from Mold, a friendly market town in Flintshire near to the Clwydian Mountains. The hotel does not have a lift but ground floor rooms are available. Excursions are available and will include Chester & Llandudno.

Price £349.00 No single supplement but availability is limited. Please contact **Pat Antcliff 01949 875471** if you wish to reserve a place.

Booking forms will be available at the Monthly Meeting.



THEATRE NEWS



All 19 members thoroughly enjoyed the Nottingham Playhouse production of *The Clothes They Stood Up In*; funny and poignant with excellent performances from just a 5 strong cast

There are 2 more theatre visits taking us up to the end of this year and all purchased tickets will be available for collection at the main u3a meetings on the 3rd Wednesday of the month if you have not yet collected yours. Please contact me if you are unable to collect on the 19th.

Forthcoming visits

For February there will be quite two diverse options

BEST EXOTIC MARIGOLD HOTEL on Wednesday 8th February at 2 pm at The Theatre Royal Nottingham

Based on the Sunday Times bestseller and popular film, we follow a group of British retirees as they embark on a new life in India. As their lives intertwine and with a well-known cast including Hayley Mills and Paul Nicholas this comedy shows how life can still be unexpected and that you can still take risks and second chances.

Cost £41 or £37.50 group rate. Payment date 1st December.

THE BEEKEEPER OF ALEPPO on Saturday 25th February at 2.30pm at The Nottingham Playhouse

From the acclaimed novel by Christy Lefteri this compassionate and beautiful play follows Nuri the beekeeper and Afra his wife when all they love and care for is destroyed by war and they are forced to leave Aleppo.

Cost £25 or £16.80 group rate Payment date 12th January

TITANIC THE MUSICAL on Saturday 29th May at 2.30pm at the Theatre Royal Nottingham

We all know the history of RMS Titanic but this Tony & Emmy award winning musical is focused on some of the real people who each boarded with hopes and aspirations regardless whether they were 3rd/2nd or 1st class passengers. With a stunning set this production is emotional and stirring.

Cost £44.50 Payment date 15th March

STOP PRESS JUST ADDED

April 15th: Steel Magnolias

June 14th: Annie

July 1st: The Pearl Fishers

Details in the January Newsletter. Please contact me with any queries and information or ideas for future visits and let me know me when booking if you would like to have lunch before these outings. 07443595653 /01949 838140 email randjhutton@gmail.com

Jackie Hutton

GENERAL GROUP UPDATES

Table Tennis Group

It has been decided, because of summer time holiday commitments and likely hot weather, to run this group as a wintertime only activity so in future it will run from **September to April inclusive.**

NEW ART GROUP

Teresa Noakes would very much like to start up an art group. If anyone is interested please contact her at moorend@hotmail.co.uk or on 07712273426.

STEM - next meeting delayed until January as it would be too near to the Christmas holiday period.

Anyone looking to start a group, please contact Veronica Perry to discuss.

Singers wanted!

Did you know that you can take part in up to two Vale of Belvoir U3A interest groups without an additional annual subscription?

We have a singing group in Bottesford and would love to increase our numbers. No auditions are required, just a love of singing. We sing a wide range of music for our own enjoyment, not for performance, and are led, currently, by one of our singers, Isabel Daw. We have a good pianist, Deb Cosgriff, who accompanies us.

We charge just £1.50 per session.

The atmosphere is friendly and informal. A full range of voices, soprano, alto, tenor and bass would enable us to sing in four part harmony.

We meet in the Methodist Church on Devon Lane, Bottesford, NG130BZ on 2nd and 4th Fridays of the month 2.00-4.00 except for August and Bank holidays.

Our last session this year will be on 9th December. We aim to restart on 27th January 2023.

For more information do contact: Val Lever 01949 842538, val.lever@gmail.com

Music Appreciation Group

We had a very pleasant afternoon of music with a Welsh connection in October with the selection provided by Elizabeth David. Regretfully no Welsh Male Voice choirs though...

As this is being written before the November meeting, we will hold the review for a later occasion.

The December meeting on the 15th will be at Elizabeth & Anthony Watts's home, 11 Grove Road, Bingham where you are invited to bring along CDs of your favourite Christmas music to share with the other members – we might even have some mince pies to go with the tea at half time!

Please ring Anthony on 01949-875968 if you would like to attend.

BOOK CLUB

In November, the Book Group read a novel entitled *The High House by Jennie Greengrass*. A lively discussion revolved around not only the construction of the plot but also ethical points concerning the intentions of Francesca, a main character. Several elements rang true in our times, when, faced with severe environmental change, the characters retreated to a vantage point to live out their lives in isolation from other survivors.

The author used the voices of four main characters to progress the story, including looking back in time and pulling threads together. At first, clues were given as to what might be happening, which was intriguing.

Not everyone liked the story, as it was rather gloomy and could be construed as a warning for the reader, but the overall vote was that it was a good read.

In December, we have each chosen a different book based on Christmas and we shall share our findings at the next meeting.

Linda Molineaux



The Movement and Mobility Group took part in the Save the Children Christmas Jumper Day on Friday, 2nd December and raised a brilliant £35 in donations for the charity.

Well done to them!

KNIT & NATTER

Re-starts on Tuesday, 17th January at 10 a.m. in the Bingham Library. We have reserved the area near the coffee machine for two hours. It is planned to discuss future dates at the first meeting. People wishing to join should bring their own knitting/crocheting project with them.

Contact Judy Soar (01949 839108) or Beryl Kemp (01949 8397280 for more details.

SPANISH CONVERSATION

The new group had its inaugural meeting with half a dozen members.

We met in Laura's house but may share out the hosting between us all.

We are delighted to confirm that we will now continue to meet at 2pm every other Monday, next meetings 24th November and 12th December.

Laura Rennie

EXPLORERS GROUP TRIP



How well do you know your recycling?

Twelve members of the Explorers Group visited the Veolia Materials Recovery Facility at Rainworth on 1st November to learn more about what happens to all the varied items we put in our blue bins. Even the most knowledgeable of us failed to correctly identify the right destination for all the items in our picture quiz. It was fascinating to learn how the items are sorted and baled for onward

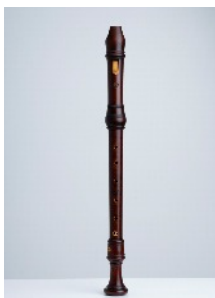
transport to companies who process and reuse the materials. We also learned why some of our everyday items cannot be recycled at present owing to being made of composite materials or containing contaminants that may make other items unsuitable for recycling (eg oil and food deposits on pizza boxes).

Lesley, the Education Officer told us that soon there will be national guidelines to ensure that all authorities collect the same recyclables, which may affect our own list of items. Finally we were taken into the vast hangar where all the machinery was in operation. We certainly had sympathy for the workers who spend their days removing soft plastics and even dirty nappies from the incoming 'contributions'!

Sadly, the History Group will not be resuming after a break as it does not currently have a leader. Is there anyone willing to give this a go to try and revive interest in it?

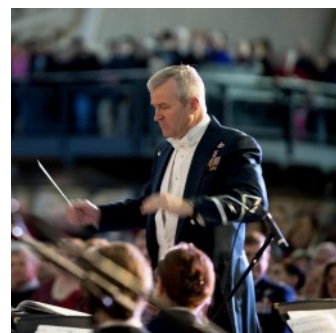
Recorder Group

If you are interested in playing the recorder please come along and join us for our December meetings on 2nd or 16th December when we will be playing Christmas music (we may be able to provide a recorder, if needed).



We are a small group set up in 2017. Many of the members were new to recorders or had not played since primary school. We are a "playing for pleasure" group and mainly play music in 4 parts with members playing descant, treble, tenor and bass recorders.

We meet at The Old Court House on the 1st and 3rd Fridays of the month. Please get in touch if you are interested in joining us. Also, if there is anyone who is able to help with conducting please let us know.



KEEPING YOUR BINGHAM U3A GOING

Did you notice this article in the recent issue of TAM? It discusses the ethos of the u3a as an organisation that depends on volunteers, how we work together as a group to make things happen. BUT, and it's a big BUT, it seems that volunteering to step forward, run a group or assist with one, join the committee, take on an officer's role is not something that most people want to do. However, we can't survive as an organisation if people don't step forward and it is essential that it is not always "the usual suspects" who do the work.



Next AGM in 2023 our current Chair has to step down at the end of his 3 year term, likewise our Secretary, both of whom have done a stirring job. Our current Vice Chair is unable to stand for the Chair position due

to other commitments so we will be without anyone filling our 3 main offices if we do not have any volunteers to take up the roles.

Why not come and have a chat about what's involved or attend a committee meeting to see how it all happens? Talk to any committee member to find out more.



GROUP CONTACT DETAILS AND MEETING TIMES

Monday am:

Group	<u>Ambling 1</u>	<u>Coffee Social</u>
Contact	Miriam Bingham	Any committee member
Telephone	01949 836390	01949 839946
Venue	by Church House	Buttercross Pub
Frequency	Weekly	2 nd
Time	10.30 am	11.30 am

Monday pm:

Group	<u>Cinema</u>	<u>Table Tennis</u>	<u>Board Games</u>	<u>Welsh</u>
Contact	Lindsay	Chris Skingle	Jeff Peters	Beryl Kemp
Telephone	Evet	01949 876221	01949 875406	01949 839728
Venue	01949 851115	Leisure Centre	Bowls Club	Library
Frequency	Butler's Coffee Hse	1 st & 3 rd	Oct to April	2.30pm
Time	2nd Monday 2.00 pm	4 pm to 5 pm	2 nd Monday	
	<u>Spanish Conversation</u> Laura Rennie's house 2pm - alt weeks 07722499111	skinglec@gmail.com	7 pm	<u>Wine</u> Lynne Barnett 01949 875151 Various 3 rd or 4 th 2.30 pm

Tuesday am:

Group	<u>French Improvers</u>	<u>KNIT & NATTER</u>
Contact	Joanne Collie	Beryl Kemp
Telephone	01949 831899	(839728) or Judy
Venue	Venue TBC	Soar (837108)
Frequency	Every other Tuesday	Bingham Library
Time	10 am	TBC
		10am

Tuesday pm:

Group	<u>Ambling 2</u>	<u>Gentle Exercise</u>
Contact	Jackie Hutton/Sue Eaton	Linda Walden
Telephone	01949 839728/837376	01949 836717
Venue	Car Park	Old Church Ho.
Frequency	Fortnightly @ 1 pm	Weekly
Time		1-2 pm
Group	<u>French Conversation 2</u>	<u>Book Club</u>
Contact	Barbara Savage	Linda Molineaux or Veronica Perry
Telephone	01949 838782	01949 875231 or
Venue	Various	07855 762775
Frequency	2 nd & 4 th	Every 4 th Tuesday
Time	2-4 pm	Library
		2pm

GROUP CONTACT DETAILS AND MEETING TIMES

Wednesday am:

Group	<u>Walking 1</u>	<u>Walking 2</u>	<u>Walking 4</u>
Contact	Judith Williams	Esme Smith	John & Glyn Greenwood
Telephone	07523 645105	01949 875148	01159 899798
Venue	By Church House	Church Ho./Car Share	Church Ho./Car Share
Frequency	1 st	2 nd	4 th
Time	10 am	9.30 am	9.30 am

Wednesday pm:

Group	<u>Spanish</u>
Contact	Jean Oates
Telephone	01949 850864/07898895274
Venue	Old Courthouse
Frequency	fortnightly
Time	2 - 3 pm

Thursday am:

Group	<u>STEM</u>	<u>Petanque</u>	<u>Bridge</u>	<u>Cycling</u>
Contact	Dave Hobson	<u>(Seasonal)</u> Beryl Kemp	Dave Cobley	Charles Richardson
Telephone	01949 836042	01949 839728	07966370385	01949 831602
Venue	Venue TBC	The Grange	Bowls Club	The Buttercross, Market Place
Frequency	Last Thursday	Alternate w'ks	Alternate weeks	2 nd & 4 th
Time	11:00-12:00	10 - 12 midday	10 - 12 midday	10.30 am

Thursday pm:

Group	<u>Croquet (Seasonal)</u>	<u>German Conversation</u>
Contact	Trish Tilley	Valerie Morgan
Telephone	01949 837923	0115 9332353
Venue	Pavilion Butt Field	Various
Frequency	Fortnightly May to Sept.	Fortnightly
Time	1.00 pm	2.30 pm

Group	<u>Music Appreciation</u>
Contact	Anthony Watts/Derrick Gierth
Telephone	01949 875968
Venue	Various
Frequency	3 rd of the month
Time	2 pm

Friday am:

Group	<u>Mobility & Movement</u>	<u>Recorder</u>
Contact	Ann Lewis	Viv Dyer
Telephone	01949 831530	01949 838614
Venue	Methodist Hall	Old Court House
Frequency	Weekly	1 st & 3 rd
Time	10 - 11 am	10.30 - 11.45 am

GROUP CONTACT DETAILS AND MEETING TIMES

Friday pm:

Group	<u>Writing</u>	<u>French Group 1</u>
Contact	Gordon Wallace	Lis Leslie
Telephone	07809 226285	01949 831602
Venue	Scarrington	Various
Frequency	Monthly	Fortnightly
Time	12.00	2 - 4 pm

Group	<u>Explorers</u>	<u>Gardening</u>
Contact	David Heppenstall	Tina Patrick
Telephone	Heppenstalldavid@hotmail.com	07801 150567
Venue	com	Various
Frequency	Venue TBC	TBC
Time	Last of the month 12.30 pm	2.00pm

Sunday:

Group	<u>Sunday Lunch 1</u>
Contact	Jill Kent
Telephone	0115 9334516
Venue	Various
Frequency	1st
Time	12.30 pm

Groups meeting up on various days:

Group	<u>Theatre visits</u>	
Contact	Jackie Hutton	
Telephone	01949 838140	
Venue	Various Theatres	

Group	<u>Explorers Visits</u>	<u>Popular Music Group</u>
Contact	David Heppenstall	John Lewis
Telephone	Heppenstalldavid@hotmail.com	01949 831530

HAVE YOU VISITED OUR WEBSITE?

Lots of photos, contacts and other information. www.binghamu3a.org

Why not follow us on Facebook? www.facebook.com/binghamu3a



Your Committee

POSITION	NAME	Contact Number	EMAIL
Chairman	John Lewis	01949 831530	bingham.u3a.chairperson@gmail.com
Vice Chairman	Veronica Perry	01949 875231	bingham.u3a.vicechair@gmail.com
Treasurer	Judith Axtell	01949 839097	bingham.u3a.treasurer@gmail.com
Secretary	Ann Lewis	01949 831530	bingham.u3a.secretary@gmail.com
Programme	Linda Molineaux	07855 762775	bingham.u3a.programme@gmail.com
Membership	Margaret Blythe	01949 831537	bingham.u3a.membership@gmail.com
Publicity	John Lewis	<u>01949 831530</u>	bingham.u3a.chairperson@gmail.com
Website	VACANCY		
Groups Co-ordinator	Veronica Perry	01949 875231	bingham.u3a.vicechair@gmail.com
Newsletter	Tina Tringham	01949 839153/07 941 279189	bingham.u3a.newsletter@gmail.com
Database Manager	Steve Aremia	01949 831537	bingham.u3a.database@gmail.com

POSITION	NAME	Contact Number	EMAIL
New Members Support	Beryl Kemp	01949 839728	bingham.u3a.beryl.newmembers@gmail.com
Equipment Handler (non-committee)	Judy Soar	01949 837108	
Refreshments (non-committee)	Sue Eaton & Volunteers	01949 839946	

***The deadline for the January 2023 edition is
Contact Tina Tringham 01949 839153/07941 279189
e-mail : bingham.u3a.newsletter@gmail.com***

27 December