

NEWSLETTER

APRIL 2022

Meetings are held in the Methodist Centre,
Bingham at 2pm

Third Wednesday of the month
NEXT MEETING : 20th April 2022

Bingham u3a



Founded October 2000

Registered Charity No. 1181961

LEARN, LAUGH, LIVE

UPCOMING MEETINGS

20th April 2022 **The Blues and How to Beat Them**

An afternoon of music and the spoken word showcasing the talents of u3a members!

18th May 2022 **East Bridgford Open Gardens - The Story So Far**

With Barbara Murphy

MAKING IT HAPPEN

- **Great British Spring Clean Litter Pick on the 25th March** - more details inside
- **The Blues and How to Beat Them** - an afternoon of music and the spoken word on the **20th April** featuring u3a members - more details inside
- **Thursday 2nd June, 2-5 pm, Bingham Rugby Club Pavilion Picnic in the Park** - more details plus rules for Platinum Pie Bake-off Competition inside
- **Saturday 24th September - National u3a Day and 22nd Birthday Celebration Special** - The format and venue for this event have yet to be finalised, but we're already on the case and there will be more in July

More soon!

John



A National and International organisation that provides companionship and enables members to share many educational, creative and leisure activities.

THE BLUES AND HOW TO BEAT THEM

20th April, 2 pm, Bingham Methodist Centre

Melancholy, the Doldrums, the Vapours, the Dumps, the Blues, the Black Dog - so many names for the same old problem that's plagued millions since the dawn of history.

World-famous composers, performers, world leaders, artists, scientists, authors and humorists - all had the blues but managed to beat them.

Here are brief details of the people who will be entertaining us:

- **Marion Downs** did her grades on the piano before taking up the guitar. Regular performer and long-time organiser at Bingham Folk Club
- **Gordon Wallace** is a published novelist, notably of the four novels in the George Waterstone Adventures series, and leader of Bingham u3a Writers' Group
- **Val and Mick Scott** have been interested in folk music since the early 60's revival, and they have sung and played ukeleles, melodeon, concertina and even the spoons at all the local folk clubs, Garden Parties, Summer Fetes and many other events and venues
- **Jim Costello's** second novel was published last month, and draws on his fascinating and varied career in psychiatric nursing, the Royal Navy, the Civil Service and driving instruction
- **Rowan Bird Former Chair of Bingham u3a**, Mayor of Bingham, multiple graduate, big bike enthusiast, First Responder, multi-instrumentalist and collector

The atmosphere will be relaxed and informal, so come and enjoy the show!

Angie Atkin

We were sorry to hear of the death of Angie Atkin, who was Chair of Bingham u3a from 2015 to 2017. Angie had been in declining health for some time, and we offer condolences to those close to her at this sad time.

PICNIC IN THE PARK

u3a UK's 40th Birthday and the Queen's Platinum Jubilee

WHEN: Thursday 2nd June 2022 between 2 and 5 pm

WHERE: Bingham RUFC Pavilion, Brendon Grove, Bingham

WHO: Bingham u3a Members and their guests

FORMAT: Informal picnic for members, bringing their own seating, tables, food, drink, drinking vessels, cutlery and plates. There is no charge for entry, and every effort will be made to ensure that all aspects of the event and all facilities are safe, appropriate and fully accessible. A Temporary Events Notice will be applied for

ENTERTAINMENT: There will be live music to include performances by the locally renowned Toot Hill Swing Band and other ensembles to be announced and recorded music if required.

OTHER ATTRACTIONS: a Platinum Pie Bake-off competition featuring entries prepared by members/guests attending the event, to be judged and prizes awarded on the day. Rules of the competition, timing for submission of entries and free registration forms available from Simple Simon on application direct or at the 20th April meeting

Bingham u3a acknowledges the generous support of the **Third Age Trust** and the **National Lottery Community Fund** for this event



Platinum Pie Competition

Bingham U3A are organising a Competition to take place at the
Picnic in the Park on Thursday 2nd June
to celebrate the
Platinum Jubilee of Queen Elizabeth II.



Entry is free to all Bingham U3A members, with prizes to be won. Pies will be sampled and judged on the day.

Rules for Platinum Pie Competition.

Your pie should be original, home-made and edible! Number of entries unlimited.

1. A pie of any shape or size, to fit on a plate and be served as a recognisable pie.
2. Either sweet or savoury filling.
3. Appropriately decorated.
4. Served on a firm plate or dish.
5. List of ingredients provided.
6. Original name for the pie (optional).
7. Name of contestant clearly shown.



Let your imagination run riot! Jubilee theme appropriate.

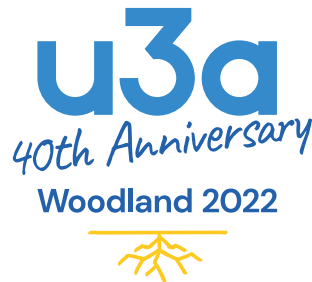
The judges may taste and open the pie, but you may collect and consume your own pie after judging. Please take home your plate and wrappings. The judges' decision will be final.

A prize will be awarded for the best Platinum Pie. Photos may be taken for U3A archive.

Good Luck with your participation and enjoy the Picnic in the Park.

U3a 40th Anniversary Woodland

Six of our members have purchased a tree for the woodland being planted in the Brecon Beacons to celebrate the 40th Anniversary of the establishment of the u3a movement in the UK. What a lovely way to commemorate this special year at the same time as helping the environment.



Certificate of

Your Role in Woodland 2022

This is to certify that

Bingham u3a

planted a total of

6

trees

Date

24 / 3 / 22

Liz Thackray

Liz Thackray
Chair Third Age Trust

learn, laugh, live

SQUAD - PRESENT ARMS!



Six of our trusty litterpickers set out on a mission to make Bingham's streets sparkle for the Great British Spring Clean on the 25th March.

When we'd finished, we dropped 11 bulging bags of litter back at the starting point!

***PETANQUE - starts again on Thursday 28th April
(alternating with Bridge Club).***



THEATRE NEWS



THE HUNCHBACK OF NOTRE DAME at the Theatre Royal Friday

28th October at 2.30pm

This a new musical retelling of the Victor Hugo novel – an epic tale of passion, hope and redemption and will be one of the biggest and most spectacular shows by Nottingham Operatic with a full orchestra, new and lavish costumes and sets and over 50 performers.

Price £24 (over 60's)

Payment date 20th August

NORTHERN BALLET THE NUTCRACKER

at the Theatre Royal Saturday 19th November at 2.30pm

An enchanting winter wonderland, the Sugar Plum Fairy & the notorious Mouse King & performed to Tchaikovsky's enduring score played live by Northern Ballet Sinfonia this should be a magical & memorable experience

Price £45 (seats are in the Dress Circle)

Payment date 7th September

Midsummer Night 's Dream at Holme Pierrepont Hall

on Thursday evening 9th June

Although I am unable to pre-book tickets for this event, I thought the outdoor performance of a could be an event that would interest some members. Tickets are £16 and can be booked on the Hall's website.

For further details or to book and especially with new ideas and options please contact Jackie Hutton 07443595653, or 01949 838140 and email randjhutton@gmail.com.

GROUP UPDATES FOR APRIL

We have a new group starting Tuesday 26th April. After strong interest a **Book Club** will meet in the Library at 2pm every 4th Tuesday. Linda Molineaux and Veronica Perry will lead the group. Please contact either Linda (07855 762775) or Veronica (01949 875231) to find out more details about how the group will run.



An invitation to try out Long Alley Skittles from Steve Bird

I would like to introduce a new social sport to the Bingham U3A repertoire. I am a regular member of the Royal Oak long alley skittle team, based at the Royal Oak pub in East Bridgford. We would like to offer some taster session(s) on a Thursday evening starting in May. Long alley skittles is an ancient and local traditional game using three oak balls and nine oak pins, in a diamond nine configuration. The games object is to simply (ha ha) knock down as many as possible. It is fully open and accessible to anyone and we currently have three mixed teams playing every Monday evening at three locations throughout the year. It's a great way to socialise and do something on Monday evenings to start the week. If there is enough interest I would be happy to start a u3a Group.

If you are interested please contact me, Steve Bird, on 07772365920.

Chris Skingle has taken over running the **Table Tennis Group** and has great plans to develop and expand events - contact Chris by email on skinglec@gmail.com or 07979 851934 or 01949 876221 to find out more.

Lynne Barnett is going to take on the challenge of the **"I'd like to have a go at that"** group from Jeff Peters. More information from Lynne as she develops her plans.

Trish Tilley is restarting **Croquet** on Thursday 21st April for the summer season. There has been some discussion re costs and this is still in progress.

PETANQUE - starts again on Thursday 28th April (alternating with Bridge Club).

HISTORY GROUP

The History Group meet next at 2 p.m. on Wednesday, 2pm on Wednesday 27th April at Old Church House. The topic is Winston Churchill and Edwardian times.

New members of the group are always welcome to join us.

Jennie Travers



Music Appreciation Group

The March meeting was postponed at the last minute because of Covid but was re-scheduled to April 21st and it will be at the home of **John & June Ferguson, 2 Balmoral Road** when we have a look behind the scenes of the André Rieu Orchestra and listen to some of the wonderful music that they produce.



New members very welcome but please ring 837115 if you would like to attend.

Note that this is on the third Thursday of the month instead of the last Thursday as we have had to change the day for the future because of some other new on-going commitments.

The week before, April 14th is Maundy Thursday, so it seemed very appropriate that we have an additional meeting to hear about Handel and to listen to some of his wonderful Messiah music.

This will be at the home of **Elizabeth & Anthony Watts, 11 Grove Road, Bingham.**

If you read this in time and would like to come please ring 01949-875968 to book a place as it could get crowded ...

Anthony Watts

2nd WEDNESDAY WALKING GROUP

Since much of the ground in the area of our planned walk for March was very wet and muddy we changed the route to start at Gunthorpe. The day was gloriously sunny and mild despite a gusty wind but it made a lovely walk even more enjoyable. Beautiful views along the Trent valley and firm grass and tracks beneath our feet were brilliantly complemented by a lunch stop at a boating club house overlooking blue lakes. We hardly noticed the few areas of mud we encountered. Thanks to Jeff for stepping in at short notice and giving us such a treat.

The next walk will be around Louth with a little time for exploring the town. Meet at Old Church House at 9.30 on 13th April.

Our walk on 11th May will be 9 miles around the highest point in Lincolnshire, meeting at Old Church House at the slightly earlier time of 9 am.

Esme Smith

HIDDEN TALENTS WITHIN OUR u3a!

Jim Costello a member of U3A has been a local Bingham resident for over twenty years. He has now finished his second novel, **Adongiva 2nd chance**. It is the sequel to his first novel, **Adongiva** which was received with great acclaim.

Jim's writing is rich and compelling and draws on his interesting and varied career which has included psychiatric nursing, the Royal Navy, the civil service, and political campaigning at every level of government. After politics he became a Driving Instructor, but is now happily retired.



Jim has always had a love of the sea and of science fiction. He has been a fan of Star Trek from its beginning. He has a vivid imagination, enormous curiosity and a thirst for knowledge. When Jim puts pen to paper, you never know what is going to come next!



U3A VISIT TO SCOTLAND as described by Beryl Kemp

Let me say first that every day was warm and sunny!

Day 1

So the trip was smooth and bright and we arrived at our hotel in plenty of time to relax, shower and change for dinner.

Day 2: was a glorious trip through the Trossachs, stopping at some of the lovely villages for breaks, and as it was a holiday, enjoying an ice cream in the sunshine (of course).

Day 3

The trip along the Firth of Forth, suddenly there appeared the surreal sight of the three mighty bridges crossing the river. The bright red of the railway bridge which no longer needs painting continuously due to modern paint techniques; then the original road bridge looking firm, steady and reliable, now used only for light traffic; then the aesthetic scientific marvel of the new road bridge!

Although next to each other getting all three in a picture was challenging. We then made our way to the docks for a boat ride, except the boat was not there, due to tides it was a couple of hundred yards along. Now as our bus, good as it was, could not drive over water we had to use the road. Suffice to say we eventually got to the boat. On board we had a great trip down the river ending with a cream tea.

Day 4

Well I'm running out of superlatives for the visit to the Kelpies. Two horse heads 100 feet high made of metal plates of various sizes and patterns blazing in the sunshine.

We then went for a ride on the Falkirk wheel, the ride itself was magical, you can feel no movement and then as if by magic you are 30 feet in the air gliding along an aerial canal and slowly encased into a tunnel with lights constantly changing colour. We stood and watched the next group going on and then you could see genius at work. A short drive took us to Callendar House. What can I say, the facade is a fairytale castle of bay windows, cream stone turrets but inside a museum of wall panels among many fascinating items to see.

Day 5

Back to the reality of home - I shall draw a veil over the following few days.

All in all a great trip.

TRAVEL GROUP

Only U3A Members can go on U3A Holidays or Excursions

ANGLESEY ABBEY - Friday 22nd July

We will travel by executive coach from Bingham to the Abbey which is near Cambridge. When you step into this elegant home you journey back into a golden age of country house living. The domestic wing shows how the staff serving the meticulous Lord Fairhaven ran his household like clockwork. The celebrated garden, with its sweeping avenues, classical statuary & flower borders, offers captivating views, vibrant colours & delicious scents, whatever the season. A visit to the historic working watermill and famous winter garden will complete your day. There is a restaurant with views over the garden that serves snacks & hot meals and a shop and plant centre.

PRICE £24.00 PLUS £14.25 FOR ENTRY TO THE HOUSE & GARDENS FOR NON NATIONAL TRUST MEMBERS

Book a place at the Travel Desk at the monthly meeting or phone Carol 01949 20448 or Beryl 7792 929 334



COACH DAY EXCURSIONS 2022

Thursday 12th May

Canal Boat Trip & Derbyshire

CANCELLED

Tuesday 20th September

Sezincote House & The Cotswolds

Details will be given in our Newsletter nearer the time.

GROUP CONTACT DETAILS AND MEETING TIMES

Monday am:

Group	<u>Ambling 1</u>	<u>Coffee Social</u>	<u>Knitting</u>
Contact	Miriam Bingham	Sue Eaton	Helen Rose
Telephone	01949 836390	01949 839946	01949 839298
Venue	by Church House	Buttercross Pub	Helen's Home
Frequency	Weekly	2 nd	4 th
Time	10.30 am	10.30 am	10.30 am
		To be hosted by committee members for now	

Monday pm:

Group	<u>Cinema</u>	<u>Wine</u>	<u>Table Tennis</u>	<u>Welsh</u>
Contact	Lindsay	Lynne Barnett	Chris Skingle	Beryl Kemp
Telephone	Evet	01949 875151	01949 876221	01949 839728
Venue	01949 851115	Various	Leisure Centre	Library
Frequency	No 16 cafe	3 rd or 4 th	1 st & 3 rd	2pm
Time	1 st not Bank Hol	2.30 pm	4 pm to 5 pm	
	2.00 pm	<u>Board Games</u>	skinglec@gmail.com	
		Jeff Peters		
		01949 875406		
		Bowls Club		
		Oct to April		
		2 nd Monday		
		7 pm		

Tuesday am:

Group	<u>French Improvers</u>
Contact	Joanne Collie
Telephone	01949 831899
Venue	Venue TBC
Frequency	Every other Tuesday
Time	10 am

Tuesday pm:

Group	<u>Ambling 2</u>	<u>Gentle Exercise</u>
Contact	Beryl Kemp/Jackie Hutton	Linda Walden
Telephone	01949 839728/837376	01949 836717
Venue	Car Park	Old Church Ho.
Frequency	Fortnightly @ 1 pm	Weekly
Time		1-2 pm
	<u>French Conversation 2</u>	<u>Book Club</u>
Group	Barbara Savage	Linda Molineaux or
Contact	01949 838782	Veronica Perry
Telephone	Various	01949 875231 or 07855
Venue	2 nd & 4 th	762775
Frequency	2-4 pm	Every 4 th Tuesday
Time		Library
		2pm

GROUP CONTACT DETAILS AND MEETING TIMES

Wednesday am:

Group	<u>Walking 1</u>	<u>Walking 2</u>	<u>Walking 4</u>
Contact	Judith Williams	Esme Smith	John & Glyn Greenwood
Telephone	07523 645105	01949 875148	01159 899798
Venue	By Church House	Church Ho./Car Share	Church Ho./Car Share
Frequency	1 st	2 nd	4 th
Time	10 am	9.30 am	9.30 am

Wednesday pm:

Group	<u>Spanish</u>	<u>History</u>
Contact	Jean Oates	Jennie Travers
Telephone	01949 850864	07756 825164
Venue	Old Courthouse	Old Church House
Frequency	fortnightly	4 th
Time	1 - 2 pm	2 pm

Thursday am:

Group	<u>STEM</u>	<u>Petanque</u>	<u>Card School</u>	<u>Bridge</u>	<u>Cycling</u>
Contact	Dave Hobson	Beryl Kemp	Veronica Perry	Dave Cobley	Charles Richardson
Telephone	01949 836042	01949 839728	01949 875231	07966370385	01949 831602
Venue	Venue TBC	The Grange	TBC	Bowls Club	The Buttercross,
Frequency	Last Thursday	Alternate w'ks	Alternate w'ks	Alternate weeks	Market Place
Time	11:00-12:00	10 - 12 midday	10 - 12 midday	10 - 12 midday	2 nd & 4 th 10.30 am

Thursday pm:

Group	<u>Croquet (Seasonal)</u>	<u>German Conversation</u>
Contact	Trish Tilley	Valerie Morgan
Telephone	01949 837923	0115 9332353
Venue	Pavilion Butt Field	Various
Frequency	Fortnightly May to Sept.	Fortnightly
Time	1.00 pm	2.30 pm

Group	<u>Music Appreciation</u>
Contact	Anthony Watts/Derrick Gierth
Telephone	01949 875968
Venue	Various
Frequency	3 rd of the month
Time	2 pm

Friday am:

Group	<u>Mobility & Movement</u>	<u>Recorder</u>
Contact	Ann Lewis	Viv Dyer
Telephone	01949 831530	01949 838614
Venue	Methodist Hall	Old Court House
Frequency	Weekly	1 st & 3 rd
Time	10 - 11 am	10.30 - 11.45 am

GROUP CONTACT DETAILS AND MEETING TIMES

Friday pm:

Group	<u>Writing</u>	<u>French Group 1</u>
Contact	Gordon Wallace	Lis Leslie
Telephone	07809 226285	01949 831602
Venue	Scarrington	Various
Frequency	Monthly	Fortnightly
Time	12.00	2 - 4 pm

Group	<u>Explorers</u>
Contact	John Lewis / John Greenwood
Telephone	01949 831530
Venue	Venue TBC
Frequency	Last of the month
Time	12.30 pm

Sunday:

Group	<u>Sunday Lunch 1</u>
Contact	Jill Kent
Telephone	0115 9334516
Venue	Various
Frequency	1st
Time	12.30 pm

Groups meeting up on various days:

Group	<u>Theatre visits</u>	<u>I'd Like to Have a Go</u>	<u>Real Ale & Cider Group</u>
Contact	Jackie Hutton	Lynne Barnett	Ann Lewis
Telephone	01949 838140	01949 875151	01949 831530
Venue	Various Theatres	Various - contact Lynne	Contact Ann Lewis
Group	<u>Explorers Visits</u>	<u>Popular Music Group</u>	<u>Radio Group</u>
Contact	John Lewis	John Lewis	John Lewis
Telephone	01949 831530	01949 831530	01949 831530
Venue	Contact John Lewis	Contact John Lewis	Contact John Lewis

HAVE YOU VISITED OUR WEBSITE?

Lots of photos, contacts and other information. www.binghamu3a.org

Why not follow us on Facebook? www.facebook.com/binghamu3a



Your Committee

POSITION	NAME	Contact Number	EMAIL
Chairman	John Lewis	01949 831530	bingham.u3a.chairperson@gmail.com
Vice Chairman	Veronica Perry	01949 875231	bingham.u3a.vicechair@gmail.com
Treasurer	Judith Axtell	01949 839097	bingham.u3a.treasurer@gmail.com
Secretary	Ann Lewis	01949 831530	bingham.u3a.secretary@gmail.com
Programme	Linda Molineaux (temp)	07855 762775	bingham.u3a.programme@gmail.com
Membership	Margaret Blythe	01949 831537	bingham.u3a.membership@gmail.com
Publicity	John Lewis	01949 831530	bingham.u3a.chairperson@gmail.com
Website	VACANCY		
Groups Co-ordinator	Veronica Perry	01949 875231	bingham.u3a.vicechair@gmail.com
Newsletter	Tina Tringham	01949 839153/07 941 279189	bingham.u3a.newsletter@gmail.com
Database Manager	Steve Aremia	01949 831537	bingham.u3a.database@gmail.com

POSITION	NAME	Contact Number	EMAIL
New Members Support	Beryl Kemp	01949 839728	bingham.u3a.beryl.newmembers@gmail.com
Equipment Handler (non-committee)	Judy Soar	01949 837108	
Refreshments (non-committee)	Sue Eaton & Volunteers	01949 839946	

The deadline for the May 2022 edition is
Contact Tina Tringham 01949 839153/07941 279189
e-mail : bingham.u3a.newsletter@gmail.com

30 April 2022