



**September
2023
Newsletter**



**Founded October 2000
Registered Charity No. 1181961**

**Bingham u3a meetings are held in the Methodist Centre,
Bingham at 2pm on the third Wednesday of the month.**

**20th September
Behind the Rose - a biography of Arnold Kremenstein**



WANTED – NEW COMMITTEE MEMBERS

Bingham u3a needs some replacement Committee members: Secretary; Group Coordinator; New Member Support. Also someone to give members views. The Committee meets once a month usually on first Tuesday of the month at 9.30 in the Town Council meeting room, the meetings usually lasts about an hour.

Veronica Perry, Bingham u3a Chair

The 23rd Annual General Meeting of Bingham u3a will be held on Wednesday 18th October 2023 at 2pm in Bingham Methodist Centre, Union Street, Bingham, NG13 8AD.

AGENDA

1. Welcome remarks by the Chair.
2. Apologies for absence -Secretary
3. Minutes of the AGM held on 19th October 2022 - Secretary
4. Matters arising -Secretary
5. Annual Report- Chair
6. Annual accounts for the year 2022/23 -Treasurer
7. Motions from members- Secretary
8. Membership Report- Membership Secretary
9. Report from Groups- Groups Coordinator
10. Election of Officers and Committee Members - Secretary
11. Any Other Business - New Chair

Although some members of the Committee have expressed their willingness to serve for another term, this does not preclude any member from standing for election to their posts, or as assistant to a position.

There is always a need for additional committee members, and it helps to plan for succession when officers step down. Currently, there are vacancies. Volunteers would be welcomed. Anyone taking on these responsibilities does not need to attend every committee meeting unless they wish to do so.

Nomination and Resolution forms are being emailed to members.

Completed forms should be returned to the Secretary by 21st September. Forms can also be obtained by contacting her on 01949 831530 or by email bingham.u3a.secretary@gmail.com.

The AGM usually takes less than half an hour and will be followed by presentations, tea and cakes! We hope you will come to this meeting which needs a quorum. Please support your u3a. If this is not achieved the AGM will need to be rearranged for another date.



MONTHLY MEETING SYNOPSIS

Behind the Rose – A biography of Arnold Kremenstein

Arnold was born on 17 October 1939 in the village of Châlette sur Loing, France , about 70 miles south of Paris. He had an elder brother, Gérard and a younger one, Fernand. His mother, Esther Kremenstein (née Block), was born in London, the daughter of immigrant Jews from one of the Baltic States. In 1931 she went to live in Paris.

His father, Joseph Kremenstein, was born in eastern Poland and he moved to France in 1924. He studied at the University of Poitiers where he graduated in Chemical Engineering.

His parents met in 1931 and were married in the synagogue of rue Vauquelin, Paris 5.

The family moved to Châlette where his father worked in the laboratories of Hutchinson Rubber Co. which manufactured tyres for cars and bicycles. With the defeat of France in 1940, the family was subject to the anti-Jewish laws – wearing the yellow star, etc..

On 26 June 1942, Gestapo and police came to the house and arrested his father. He was taken to the internment camp of Beaune La Rolande. On 28 June he was deported to Auschwitz on convoy no.5. It arrived on 30 June and he was numbered 43,739. He died on 10 August 1942.

In February 1944, the local priest sent a parishioner to warn my mother that the Germans were rounding up Jews for deportation.

To find out what happened next, please come to our monthly meeting on 20th September at 2pm.



u3a WEEK AND EXHIBITION

From 18th to 23rd September, Bingham u3a will have an exhibition of our group activities in Bingham Library as part of u3a Week. This is a country-wide, annual event to showcase the activity, learning and fun which takes place across the movement every day. It is a celebration of positive ageing, highlighting our members' lived experience.

We are looking for photos and exhibits to display in the library. Please contact Ann Lewis if you have material to display. We also need people to help with the displays and chat to people about the u3a.

If you can help any time during library opening hours, please contact Veronica, Ann or any Committee member.

Burton Joyce u3a are inviting members of other local u3as to join them on a forthcoming outing to the Thursford Christmas Spectacular. This would be a nice opportunity to meet members from other u3as.

Thursford Christmas Spectacular, Monday 13th November

This is the biggest Christmas show of its kind in Europe, with a cast of 120 performers creating an extravaganza of music, humour and dancing to celebrate the season. The coach will depart from Burton Joyce at 8.15am, arriving back at about 7.45pm. The cost is £80, made up of £16.50 for the coach, £16 for lunch and £48 for the performance.

If you are interested in going on this trip, email Alwyn Foster at outings@bju3a.co.uk or phone her on 07717 220 237.



Art Group

I have been approached re starting up an art group. Should you be interested in this I will help to organise it. I just need to know if anyone out there wants to. Please contact Veronica Perry.



French

Tuesday French Improvers Group ...

... is now held at a members' houses instead of the Buttercross. Contact Joanne Collie for details: mail@jamcollie.co.uk



Intermediate Spanish

Intermediate Spanish is a small, enthusiastic group of people who meet for an hour, usually fortnightly, at 2pm on Wednesdays at the Old Courthouse in Bingham to improve their Spanish conversation. We agree a topic for each meeting and try to help each other rather than having much formal teaching. We occasionally have room for another member who already has some fluency in Spanish.

Please get in touch if you think you would fit in. Contact Jean Oates, 01949 850864/ 07898895274.



Music Appreciation Group

The July meeting was at John & June's home and their theme of 'Songs & Music from around the World' was well illustrated by the selection of music that they provided. We had everything from Bach and Ravel via the Panpipes of South America to Johnny Cash with 'Ride this train' – and numerous stations in between – wonderful. The August meeting was at Elizabeth & Anthony's home and their programme was on the theme of 'Summer'. Once again, we heard a very wide selection from the inevitable 'Four Seasons', George Gershwin and 'Summertime', Delius and 'Summer Night on the river' and many others, finishing with the entire suite of 'Music for a Midsummer Night's Dream' by Mendelssohn. A wide range and much enjoyed by the listeners.

Next month we will be meeting on September 12th at Maisie's home at the Saucers in Scarrington where, being a fairly keen gardener, she has promised us music on the theme of 'Gardens'. Anyone for 'English Country Garden?'

Please ring Maisie on 01949-850402 if you would like to attend.

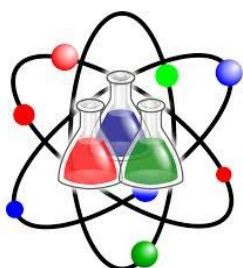


Book Club

Book Club met in July to discuss our crime novels. There was not much enthusiasm for the books read.

However, one member read *The Postscript Murders* By Elly Griffiths. She enjoyed this novel, part of a series based on a police woman named Harbinger (*Stranger Diaries*). "A comfortable read similar to *The Thursday Murder Club*. An unlikely group of friends solving several murders. An easy book to read. A lady in sheltered housing dies (or was she murdered). It turns out she was a murder consultant for several authors. The story continues with several murders. As with all good mysteries, there are red herrings and twists in the plot in the style of Agatha Christie."

Next meeting is on 26th September at 2.00pm in the library. Our monthly read is "*A Thousand Splendid Suns*" by Khaled Hosseini. Copies are available at the library for Book Club members. We have vacancies for a couple more members so. if you are interested please contact Linda Molineaux at bingham.u3a.programme@gmail.com.



STEM (Science, Technology, Engineering and Mathematics) Group

In a change to our usual format, the STEM Group will next meet on 28th September 2023 at 11:00 in Room 1 of the Methodist Centre for a round-table

discussion on initiatives to reduce our carbon footprint which might affect us personally, e.g. heat pumps, solar panels, electric cars and food consumption.

These issues were first discussed in December 2022 - see the STEM blog at <http://binghamu3astem.blogspot.com/>.



History Group

The History Group had a very interesting visit to the Workhouse at Southwell on 26th July. Here is a report of the trip.

Walking up the paupers' path towards The Workhouse it is easy to imagine how the Victorian poor might have felt as they sought refuge here. This austere building, the most complete workhouse in existence, was built in 1824 as a place of last resort for the destitute. Its architecture was influenced by prison design and its harsh regime became a blueprint for workhouses throughout the country.

This rural workhouse was designed to house around 160 inmates. They lived and worked in a strictly segregated environment with virtually no contact between the old and infirm, able-bodied men and women and children.

One of our history group members, Ann Keen, who has been a volunteer at the Workhouse for many years, gave an excellent and detailed introduction prior to visiting the inside of the Workhouse.

We then made our individual ways round the Workhouse and the recently re-opened Hospital/Care Home which was fascinating. It was a very poignant visit as we all could imagine how desperate it would have been for people who had no alternative but to go into the Workhouse. I, particularly, was moved that it

continued to remain open for homeless families and the elderly until the 1960's – well in our lives.

Nice café too!!

Jo McHugh

Travel Group – Coach Day Excursions

Note, it is essential that you book quickly if you plan to travel with us as we have to confirm or cancel the booking one month in advance if numbers are insufficient to pay for the coach. Please contact Pat on 01949 875471 or Beryl on 07792 929 334 if you wish to join us.

Derbyshire Tour, Tuesday 26th September, £23

Enjoy a day out in the lovely countryside of Derbyshire with friends. We will be travelling on Emjay Tours deluxe coach and Malcolm will take us on a tour around the Bakewell area where we will have time to explore the town and purchase lunch at a restaurant of our choice. After which we will enjoy a relaxed coach tour of the surrounding countryside.

Flamborough and Bridlington, Wednesday 25th October

Flamborough Head is reputed to have one of the best views in England. We will drive there through beautiful countryside when the Autumn colours should be at their best. Lunch will follow at a local restaurant. Please order your lunch by 10th October, Contact Pat for details of the lunch menu.



Theatre Group news

At the end of September, we will be visiting the Theatre Royal in Nottingham to see *Everybody Loves Jamie*. This will be the last outing that I will be arranging as after more than 10 years I have decided it is time for

someone with fresh ideas to take over. We have seen some amazing performances and I have really enjoyed the company of other u3a members, having lunch, tea and sometimes drinks afterwards!

I hope the group continues in whatever format as it is not too difficult to organise especially as I enjoy these visits and am happy to help any new organiser if they wish. Thank you to all those who have supported the group since at least 2013!

Regards Jackie Hutton



NEW MEMBERS

The committee would like to express a warm welcome to the following new or returning member:

Dave Perkins.

We hope he will enjoy being part of Bingham u3a and participating in the activity groups of his choice.

Monday am

Ambling Group 1 meets at Church House weekly at 10:30. Contact Miriam Bingham on 01949 836390 or miriam.bingham@yahoo.com

Coffee Social Group meets at the Buttercross Pub on second Mondays at 10:30. Contact any Committee member on 01949 839946

Monday pm

Cinema Group meets at Butler's Coffee House on second Mondays at 14:00. Contact Lindsay Evett on 01949 851115 or lindsay.evett@outlook.com

Spanish Conversation Group meets at Laura's house on alternate weeks at 14:00. Contact Laura Rennie on 07722 499111

Table Tennis Group meets from September to April at the Bingham Arena on the first and third Mondays from 16:00 to 17:00. Contact Chris Skingle on 01949 876221, 07979 851934 or skinglec@gmail.com

Board Games Group meets at the Bowls Club from October to April on the second Monday at 19:00. Contact Jeff Peters on 01949 875406 or jeff.peters@virginmedia.com

Welsh Group meets at Bingham Library at 14:30. Contact Beryl Kemp on 01949 839728 or bkemp1910@gmail.com

Wine Group. Contact Lynne Barnett on 01949 875151 or lynnlieb.barnett@ntlworld.com

Tuesday am

Knit and Natter Group meets at Bingham Library weekly at 10:00. Contact Beryl Kemp on 01949 839728, bkemp1910@gmail.com or Judy Soar on 01949 837108

French Improvers Group meets on alternate Tuesdays at 10:00. Contact Joanne Collie

Tuesday pm

Ambling Group 2 meets in the main car park fortnightly at 13:00. Contact Jackie Hutton on 01949 839728 or Sue Eaton on 01949 837376

French Conversation Group 2 meets on the second and fourth Tuesdays from 14:00 to 16:00. Contact Barbara Savage on 01949 838782 or savagepeterm@hotmail.co.uk

Gentle Exercise Group meets at Old Church House weekly from 13:00 to 14:00. Contact Linda Walden on 01949 836717

Book Club Group meets in Bingham Library on the fourth Tuesday at 14:00. Contact Veronica Perry on 01949 875231 or 07855 762775

Music Appreciation Group meets at 14:00 on the second Tuesday. Contact Anthony Watts or Derrick Gierth on 01949 875968

Wednesday am

Walking Group 1 meets by Church House on the first Wednesday at 10:00. Contact Judith Williams on 07523 645105 or judith10r@icloud.com

Walking Group 2 meets at Church House (car share) on the second Wednesday at 9:30. Contact Esme Smith on 01949 875148 or esmesm74@yahoo.co.uk

Walking Group 4 meets at Church House (car share) on the fourth Wednesday at 9:30. Contact John and Glyn Greenwood on 01159 899798 or johnandglyn@btinternet.com

Wednesday pm

Spanish Group meets in members' homes fortnightly from 14:00 to 15:00. Contact Jean Oates on 01949 850864, 07898 895274 or us@theoates.net

History Group meets at the Methodist Centre on the fourth Wednesday at 14:00. Contact John Perry at jkp1951@gmail.com.

Thursday am

STEM (Science, Technology, Engineering and Mathematics)

Group meets at Methodist Centre on the fourth Thursday of alternate months from 11:00 to 12:00. Contact Dave Hobson on 01949 836042 or appletrees@gmail.com

Petanque Group meets at The Grange on alternate weeks from 10:00 to 12:00. Contact Beryl Kemp on 01949 839728 or bkemp1910@gmail.com.

Bridge Group meets at the Bowls Club on alternate weeks from 10:00 to 12:00. Contact Dave Cobley on 07966 370385 or dfcobley@hotmail.com.

Thursday pm

Croquet Group meets at the Butt Field Pavilion fortnightly from May to September at 13:00. Contact Trish Tilley on 01949 837923 or trish.tilley@btinternet.com.

German Conversation Group meets fortnightly at 14:00. Contact Valerie Morgan on 0115 9332353, valdave_morgan@btinternet.com.

Friday am

Mobility and Movement Group meets at the Methodist Centre weekly from 10:00 to 11:00. Contact Ann Lewis on 01949 831530 or annl_uk@yahoo.co.uk.

Recorder Group meets at the Old Court House on the first and third Fridays from 10.30 to 11:45. Contact Viv Dyer on 01949 838614 or vivien.dyer@ntlworld.com.

Friday pm

French Group 1 meets fortnightly from 14:00 to 16:00. Contact Lis Leslie on 01949 831602.

Gardening Group meets at 14:00. Contact Tina Patrick on 07801 150567.

Sunday

Sunday Lunch Group meets on the first Sunday at 12:30. Contact Jill Kent on 0115 9334516.

Various days

Theatre Visits Group. Contact Jackie Hutton on 01949 838140 or 07443 595653.

Explorers Visits Group. Contact Ann Lewis, 01949 831530 .

Position	Name	Contact number and email
Chairperson	Veronica Perry	01949 875231 bingham.u3a.chairperson@gmail.com
Vice Chairman		bingham.u3a.vicechair@gmail.com
Treasurer	Judith Axtell	01949 839097 bingham.u3a.treasurer@gmail.com
Secretary	Ann Lewis	01949 831530 bingham.u3a.secretary@gmail.com
Programme Speakers	Linda Molineaux	07855 0762775 bingham.u3a.programme@gmail.com
Membership	Margaret Blythe	01949 831537 bingham.u3a.membership@gmail.com
Publicity	John Perry	01949 875231 bingham.u3a.publicity@gmail.com
Website	Dave Hobson	01949 836042 binghamu3a@gmail.com
Groups Co-ordinator	Steve Aremia	01949 831537 bingham.u3a.database@gmail.com
Newsletter	Dave Hobson	01949 836042 bingham.u3a.newsletter@gmail.com
Database/Data Protection	Steve Aremia	01949 831537 bingham.u3a.database@gmail.com
New Member Support	Beryl Kemp	01949 839728 bingham.u3a.beryl.newmembers@gmail.com
Refreshments (non-Committee)	Sue Eaton and volunteers	01949 839946
Equipment Handler (non-Committee)	Judy Soar	01949 837108