



**October
2023
Newsletter**



**Founded October 2000
Registered Charity No. 1181961**

**Bingham u3a meetings are held in the Methodist Centre,
Bingham at 2pm on the third Wednesday of the month.**

**18th October, Bingham u3a AGM
15th November, James Prior Kirk – Out of the Shadows**

NOTICE OF AGM AND CALL FOR NEW COMMITTEE MEMBERS



The 23rd Annual General Meeting of Bingham u3a will be held on Wednesday 18th October 2023 at 2pm in Bingham Methodist Centre. The Agenda can be found in the September edition of the Newsletter. Currently, there are vacancies on the Committee and we are looking for volunteers to fill these posts.

The AGM usually takes less than half an hour and will be followed by presentations by Group Leaders, tea and cakes! We hope you will come to this meeting which needs a quorum.

Veronica Perry, Bingham u3a Chair

www.binghamu3a.org

www.facebook.com/binghamu3a



James Prior – Out of the Shadows

Over the last year, the eagle-eyed among you might have spotted two blue plaques on dwellings in Fisher Lane and The Banks. You might even have stopped to read them and found the name 'James Prior, author'. But who was he? Why should we be proud of his Bingham connections? u3a member,

Ailish D'Arcy, spent most of 2022 researching this mostly forgotten writer, uncovering the story of a remarkable man – a successful novelist, in his day compared to Dickens and Hardy, an amateur philologist who captured the authentic voices of Nottinghamshire for posterity, a loving husband and father, and a man of deep spirituality. At the November meeting, Ailish will share her discoveries and test your understanding of Nottinghamshire dialect as we celebrate James Prior and bring him out of the shadows.

Behind the Rose – A talk by Arnold Kremenstein

Arnold Kremenstein is a survivor of the Holocaust in which millions of Jews and others were murdered by the Nazis during World War 2.

Arnold and his wife are members of Maidenhead u3a and travelled specially to give this talk to our group. He was able to give a moving and interesting account of his family's struggle to survive after the deportation of his father and subsequent death in Auschwitz death camp. His father was taken at dawn by the Nazis, deported and murdered within a couple of weeks. His mother and the three boys were later tipped off by a French priest that they were about to be rounded up, so they went into hiding. After France was liberated, they returned to England.

Arnold showed the few surviving photos of his family including the only photo of his father with his first son, Gerard. He showed a yellow star, which they were compelled to purchase using clothing coupons, and wear at all times.

Next day, Arnold and his wife accompanied us on a visit to Beth Shalom near Laxton, where the Explorers Group had recently made an outing to learn about the Holocaust. The gardens were full of white roses in bloom, planted to remember individuals and families, including Joseph Kremenstein, Arnold's father. The title of Arnold's talk explains the story behind the rose and is included in the book of the same title, available from Beth Shalom.

Alan and Linda Molineaux

u3a ONLINE RESOURCES



Bingham u3a members have available to them a variety of online resources as follows. Just follow the links to find out more.

www.binghamu3a.org

www.facebook.com/binghamu3a

[On-line learning events](#)

u3a members can join a wide range of online talks, workshops and courses for free with their membership! Most of these opportunities are presented by members themselves; sharing their knowledge or skills with others across the movement. We also have a wide range of talks on offer from well-known speakers and organisations, plus in-person events at venues like the Royal Institution.

[Subject advice](#)

There is a network of over 70 u3a national subject advisers, whose role is to provide subject advice on both the setting up of a group in their particular speciality and the sustainability and development of existing groups. Advisers may provide groups with new ideas, resources or a different approach and some can provide connections and networking opportunities with other groups of similar interests.

[u3aCommunities](#) is a free online platform which offers all u3a members with inquiring minds the opportunity to take part in regular, lively meetings on a range of different topics.

If you're interested in Science and Technology and would like to take part in accessible, educational and entertaining on-line meetings with like-minded folk, then this is the place for you. Once a month, we link up (via Zoom) for an hour of stimulating talks and lively discussion on a wide range of subjects selected from every aspect of Science and Technology – past, present and future. Our meetings are aimed at a diverse, non-specialist audience, so why not join us!

From 18th to 23rd September, Bingham u3a held an exhibition in Bingham Library of our groups' activities as part of u3a Week. This is a country-wide, annual event to showcase the activity, learning and fun which takes place across the movement every day. It is a celebration of positive ageing, highlighting our members' lived experience. The photo shows a prospective member examining our literature.



The Committee would like to thank members who gave their time to man the stall. It went well and we gained a few new members as well as raising the Bingham u3a profile.

INTEREST GROUP UPDATES



Embroidery Group

Interested in joining a newly-established Embroidery Group?

Creative Writing Group

Or are you Interested in creative writing? Please contact Veronica Perry on 01949 875231 or bingham.u3a.chairperson@gmail.com for both these groups.





Board Games Group restarts on the 8th October and runs on the second Monday of the month until April. We meet at the bowls club at 7pm and this year, as the bar will not be open, you can bring your own drinks but there will be a £2 per head charge. New members are always welcome- we play a wide variety of games including number, word, strategy, card, and quiz based games as well as traditional board games all played in friendly atmosphere. If you would like to join us please email Jeff Peters at jeff.peters369@gmail.com or phone 01949 875406.



French Group One now has room for one or two new members. We continue to meet fortnightly in each other's homes, with a suggestion for discussion/reading out to give us a focus, but the conversation can be about anything, depending on everyone's activities, and sometimes goes into English after a snack! Anyone who has some ability to talk in French is welcome to give it a try. Contact Lis Leslie 01949 831602 for more information.

Music Appreciation Group

The September meeting was at Maisie's home in Scarrington where we were treated to a very wide range of garden-themed music from, inevitably, English Country Garden, the Victorian Kitchen Garden, Nights in the Gardens of Spain and many other beautiful and restful pieces, finishing with Birdsong at Eventide. What a delightful way to spend a wet, cold and miserable afternoon!



The next meeting will be at 2.00pm on Tuesday October 12th at Jen and Derrick's house, 12 Stanhope Way in Bingham where they will present a programme entitled 'Some of our early discoveries'

which sounds somewhat intriguing.

Please ring them on 01949 837519 if you would like to attend.



Book Club

The group meets every 4th Tuesday at 2 pm in the Library. This popular group now has more names on its membership than the library can provide books for, so at the next meeting, we may split in to two groups. This will enable the Library to obtain enough titles for each member.

Our recent reads have included Lessons in Chemistry and A Thousand Splendid Suns. I hope to report on our opinions in the next Newsletter.

Please contact Linda Molineaux on 01949 21060 or bingham.u3a.programme@gmail.com.

Explorers Group – An interview with Ann Lewis

Q: The group has been part of u3a for a long time and used to be very active. How many current members are there?

A: About 64.

Q: How is the group managed?

A: Usually, members meet to decide which places they would like to visit, then decide where to go. At this point, someone volunteers to find out about a particular place and choose a convenient date. They would then let Ann know, and the details would be circulated by email to all members of the group.

Q: I don't use emails/I am reluctant to share my contact details. How will I know about a planned outing?

A: Future outings will be in the Newsletter and on our Facebook page. You can safely leave your email address with



Ann or give her your phone number.

Q: Some visits are free; others are pre-booked and paid in advance. If I agree to go on an outing, can I cancel?

A: Some visits are arranged with the benefit of a group discount, but if too few members turn up, those who do go are penalised. Cancellations should be made in good time, but visits with too few participants may have to be withdrawn.

Q: I don't drive. Can I still go on visits?

A: Where possible, please use public transport or share a lift with other people. Nearer the date, it may be possible to produce a list of participants but contact details will not be made public.

Q: I am interested in being part of this group. When is the next outing?

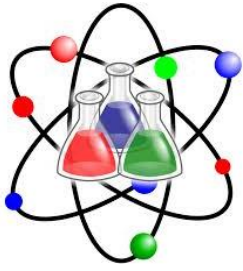
A: A meeting is being planned (see Newsletter or contact Ann Lewis) for members of Explorers Group to discuss the future programme and enlist volunteers to facilitate a selection of visits to various venues. u3a encourages self-help and participation, so please take a turn at organising, either as an individual or with a friend. The suggestions for outings are put forward by members, so please come along and participate. Thank you.

History Group

The next meeting of the History group will be on Wednesday 25th October at 2pm at the Methodist Centre. The Group Facilitator John Perry will be leading a discussion as to whether (or not) President Harry Truman should have used the atomic bomb against Japan in 1945. Views for and against.



On November 22nd, Lynne Boardman will give a talk on aboriginal history.



STEM (Science, Technology, Engineering and Mathematics) STEM Group

met for a lively, round-table discussion on the UK's plans for reducing our carbon footprint and in particular the recent Prime Minister's speech on Net Zero 2050 and how it might directly affect individual households. Of particular concern were: the poor electric car charging infrastructure (rather than range anxiety); and the cost and inconvenience of installing heat pumps for home heating.

All were in agreement that the declared Government policies were a backward step in combating climate change.



Travel Group - Coach Day Excursions

Note, it is essential that u3a members book quickly if you plan to travel with us as we have to confirm or cancel the booking one month in advance if numbers are insufficient to pay for the coach. Please contact Pat on 01949 875471 or Beryl on 07792 929 334 if you wish to join us.

Flamborough and Bridlington, Wednesday 25th October

Flamborough Head is reputed to have one of the best views in England. We will drive there through beautiful countryside when the Autumn colours should be at their best. Lunch will follow at a local restaurant. Please order your lunch by 10th October. The cost including lunch will be £47.

Menu – main course

1. Poached Fillet of Salmon with Prawn Sauce
2. Braised Chicken Breast in Red Wine and Mushroom Sauce
3. Roast breast of Norfolk Turkey
4. Homemade Steak Pie

5. Vegetable Lasagne and Garlic Bread

6. Cold York Ham, Cheese and Pineapple Salad

The above served with a selection of vegetables and potatoes

Choice of dessert from the trolley; coffee or tea

Walking Group 4

The Group had a pleasant 5-mile walk from Kinoulton out towards Cropwell Butler and back along the Grantham Canal for lunch at the Nevile Arms. Shown here is a photo of the merry band even before the pub lunch!



Theatre Group

At the end of September, we visited the Theatre Royal in Nottingham to see *Everybody Loves Jamie*. This was the last theatre trip that Jackie organised after 13 years of volunteering and Bingham u3a acknowledges the contribution she has made. We hope the group continues but we need a group leader.



NEW MEMBERS

The Committee would like to express a warm welcome to the following new or returning members: Mary Ball; Angela Hunter; Pam Higgs; Mary Bullock; Ian Bullock; Ryszard Malinsky; Brenda Straw; Ann Coy.

We hope they will enjoy being part of Bingham u3a and participating in the activity groups of their choice.

Monday am

Ambling Group 1 meets at Church House weekly at 10:30.
Contact Miriam Bingham on 01949 836390 or
miriam.bingham@yahoo.com

Coffee Social Group meets at the Buttercross Pub on second Mondays at 10:30. Contact any Committee member or 01949 839946

Monday pm

Cinema Group meets at Butler's Coffee House on second Mondays at 14:00. Contact Lindsay Evett on 01949 851115 or
lindsay.evett@outlook.com

Spanish Conversation Group meets at Laura's house on alternate weeks at 14:00. Contact Laura Rennie on 07722 499111

Table Tennis Group meets from September to April at the Bingham Arena on the first and third Mondays from 16:00 to 17:00. Contact to be advised

Board Games Group meets at the Bowls Club from October to

April on the second Monday at 19:00. Contact Jeff Peters on 01949 875406 or jeff.peters@virginmedia.com

Wine Group. Contact Lynne Barnett on 01949 875151 or lynnieb.barnett@ntlworld.com

Tuesday am

Knit and Natter Group meets at Bingham Library weekly at 10:00. Contact Beryl Kemp on 01949 839728, bkemp1910@gmail.com or Judy Soar on 01949 837108

Tuesday pm

Ambling Group 2 meets in the main car park fortnightly at 13:00. Contact Jackie Hutton on 01949 838140 or Sue Eaton on 01949 839946

French Conversation Group 2 meets on the second and fourth Tuesdays from 14:00 to 16:00. Contact Barbara Savage on 01949 838782 or savagepeterm@hotmail.co.uk

Gentle Exercise Group meets at Old Church House weekly from 13:00 to 14:00. Contact Linda Walden on 01949 836717

Book Club Group meets in Bingham Library on the fourth Tuesday at 14:00. Contact Linda Molineaux at bingham.u3a.programme@gmail.com.

Music Appreciation Group meets at 14:00 on the second

Tuesday. Contact Anthony Watts or Derrick Gierth on 01949 875968

Wednesday am

Petanque Group meets at The Grange on alternate weeks from 10:00 to 12:00. Contact Beryl Kemp on 01949 839728 or bkemp1910@gmail.com.

Walking Group 1 meets by Church House on the first Wednesday at 10:00. Contact Judith Williams on 07523 645105 or judith10r@icloud.com.

Walking Group 2 meets at Church House (car share) on the second Wednesday at 9:30. Contact Esme Smith on 01949 875148 or esmesm74@yahoo.co.uk.

Walking Group 4 meets at Church House (car share) on the fourth Wednesday at 9:30. Contact John and Glyn Greenwood on 01159 899798 or johnandglyn@btinternet.com

Wednesday pm

Spanish Group meets in the Old Courthouse fortnightly from 14:00 to 15:00. Contact Jean Oates on 01949 850864, 07898 895274 or us@theoates.net

History Group meets at the Methodist Centre on the fourth Wednesday at 14:00. Contact John Perry at jkp1951@gmail.com.

Thursday am

STEM (Science, Technology, Engineering and Mathematics) Group meets at Methodist Centre on the fourth Thursday of alternate months from 11:00 to 12:00. Contact Dave Hobson on 01949 836042 or appletrees.hobson@gmail.com .

Bridge Group meets at the Bowls Club on alternate weeks from 10:00 to 12:00. Contact Dave Cobley on 07966 370385 or dfcobley@hotmail.com .

Thursday pm

Croquet Group meets at the Butt Field Pavilion fortnightly from May to September at 13:00. Contact Trish Tilley on 01949 837923 or trish.tilley@btinternet.com .

German Conversation Group meets fortnightly at 14:00. Contact Valerie Morgan on 0115 9332353, valdave_morgan@btinternet.com .

Friday am

Mobility and Movement Group meets at the Methodist Centre weekly from 10:00 to 11:00. Contact Ann Lewis on 01949 831530 or annl_uk@yahoo.co.uk .

Recorder Group meets at the Old Court House on the first and third Fridays from 10.30 to 11:45. Contact Viv Dyer on 01949 838614 or vivien.dyer@ntlworld.com .

Friday pm

French Group 1 meets fortnightly from 14:00 to 16:00. Contact Lis Leslie on 01949 831602.

Gardening Group meets at 14:00. Contact Tina Patrick on 07801 150567.

Sunday

Sunday Lunch Group meets on the first Sunday at 12:30. Contact Jill Kent on 0115 9334516.

Various days

Theatre Visits Group. Leader to be advised.

Explorers Visits Group. Contact Ann Lewis, 01949 831530 .

NEWSLETTER DEADLINE



The deadline for the November 2023 edition is 12th October. Contact Dave Hobson on appletrees.hobson@gmail.com .

Position	Name	Contact number and email
Chairperson	Veronica Perry	01949 875231 bingham.u3a.chairperson@gmail.com
Vice Chairman	Vacancy	bingham.u3a.vicechair@gmail.com
Treasurer	Judith Axtell	01949 839097 bingham.u3a.treasurer@gmail.com
Secretary	Ann Lewis	01949 831530 bingham.u3a.secretary@gmail.com
Programme Speakers	Linda Molineaux	07855 0762775 bingham.u3a.programme@gmail.com
Membership	Margaret Blythe	01949 831537 bingham.u3a.membership@gmail.com
Publicity	John Perry	01949 875231 bingham.u3a.publicity@gmail.com
Website	Dave Hobson	01949 836042 appletrees.hobson@gmail.com
Groups Co-ordinator	Steve Aremia	01949 831537 bingham.u3a.database@gmail.com
Newsletter	Dave Hobson	01949 836042 bingham.u3a.newsletter@gmail.com
Database/Data Protection	Steve Aremia	01949 831537 bingham.u3a.database@gmail.com
New Member Support	Vacancy	
Refreshments (non-Committee)	Sue Eaton and volunteers	01949 839946
Equipment Handler (non-Committee)	Judy Soar	01949 837108