



**February
2025
Newsletter**



Registered Charity No. 1181961

**Bingham u3a meetings are held in the Methodist Centre,
Bingham at 2pm on the third Wednesday of the month**

February 19th *Fraud Protection with Richard Kubon*

March 19th *The River Trent with Michael Burton*

April 16th *The Life and Work of Elvis Presley with Paul Lillie*

May 21st *Notts Place Names with Paul Cullen*

MESSAGE FROM YOUR COMMITTEE



Making the most of your membership

I can't remember when I first became aware of the u3a, certainly well before I retired, and I always intended to join when time allowed. My first encounter with Bingham u3a actually happened while I was still working when, knowing I had an interest in geology, a friend invited me to the Geology Group meetings which took place on my day off. At the time, the u3a limited membership to 80 as that was the limit on capacity in the old Methodist Centre for monthly meetings and I was on the waiting list for some time before being allowed to join. Little did I suspect how deeply I would be sucked into the movement. At one time, I calculated that I belonged to nine activity groups and I still take part in a wide range, from Knit

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and Natter to STEM via Real Ale and Petanque and several others. I have also been Facilitator for Movement and Mobility for several years. How many do you belong to? Lifelong learning is a core part of the u3a ethos so it's good to go beyond your familiar interests and sample something new. Or, if you have a passion that you would like to share, you could start a new group. There is lots of help available for how to do this. We encourage the sharing of responsibility for running activities so the job of running a group need not be onerous.

This year Bingham will be celebrating its 25th Anniversary and a working party has been set up to organise a number of celebratory events. The Committee hopes that many of you will be stepping up to help when we ask for volunteers. Without members' generous donation of time, there would be no activities and indeed no Bingham u3a.



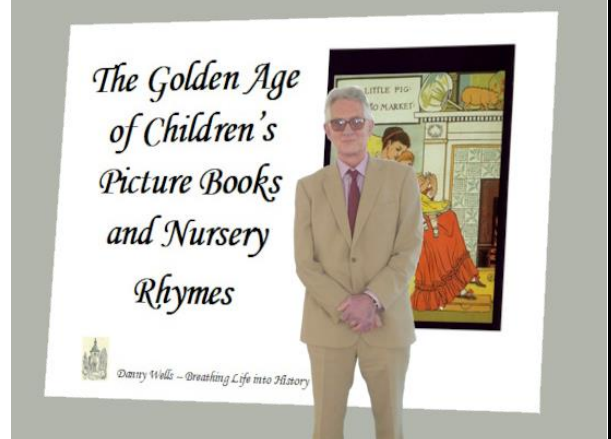
Ann Lewis
Vice-chair and Groups Coordinator



MONTHLY PROGRAMME NEWS AND REVIEWS

Golden Age of Children's Picture Books and Nursery Rhymes

At the Monthly Meeting in January, Danny Wells talked about the artwork of three late Victorian artists Walter Crane, Randolph Caldecott and Kate Greenaway. He pointed out that seemingly innocuous nursery rhymes depicted in their publications had shockingly sinister backstories involving



torture, poverty and religious persecution.

February Monthly Meeting *Fraud Protection* with Richard Kubon

Richard is a member of the East Midlands Special Operations Unit (EMSOU) which utilises specialist skills and capabilities to tackle the most serious, organised and violent crime, including terrorism. Established in 2001, the unit is a collaboration of specially trained officers and staff from the police forces of Derbyshire, Lincolnshire, Leicestershire, Northamptonshire and Nottinghamshire in the East Midlands.

Their mission is simple: five forces, one team - innovating together to protect East Midlands communities from harm. The unit identifies, disrupts and prosecutes those individuals or groups causing the most harm to our communities.

By working with other agencies, they also seek to prepare you in the event of a major incident, equip you with the knowledge to protect against crime and prevent people from being drawn into crime.

BINGHAM U3A'S ANNIVERSARY



As October 2025 marks the beginning of the Bingham u3a 25th year, we would like to celebrate our Silver Jubilee with a number of events and initiatives. We have therefore set up a working group which had its first meeting in early January. Further information about our plans will be given at the next members' meeting and in future newsletters. If anyone has any great ideas on this subject,

we would be delighted to hear from you. Please contact Robin Wilkin, phone 07767603799 or email robin@wilkinassociates.com. We are also keen to speak to anyone who has been a member for a long time, or even perhaps for 25 years! Please get in touch

THIRD AGE TRUST MATTERS



Friends Extra Newsletter

Bingham u3a members can benefit from a range of offers, discounts and additional services by going to the Third Age Trust website <https://www.u3a.org.uk/> and signing up to the [u3a Friends Extra newsletter](#). There, you find offers on shopping, dining, entertainment, holidays, DIY, insurance, motoring, legal advice and many others.

Nottinghamshire Network of u3as

The Nottinghamshire Network of u3as was established to enable cooperation between 34 individual u3as and the provision of support across the county. Of particular interest is its [list of Interest Groups](#). Almost 200 subjects are offered, some like Walking by all u3as but many more specialist subjects such as Science by only two or three. Members are encouraged to attend other u3as but might have to pay an Affiliation Fee.

INTEREST GROUP UPDATES



Spanish Conversation Group

We would welcome new members to this group which meets every other Monday. Ideally, you will already have some knowledge of Spanish but perhaps little confidence in speaking and understanding speech. We are a friendly group who try to help each other along as we practise speaking and listening in a relaxed

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atmosphere. So why not refresh and improve a language that you learned perhaps many years ago. Call or message Laura Rennie at 07722 499111 or email laurare8305@gmail.com. She will be away for the 2nd half of February but will get back to you as soon as she gets back.

French Group 1 now meets fortnightly at 2pm finishing at 3:30pm. We currently have room for one more in the group so if you are interested please contact Elisabeth Leslie on 831602 or lis.leslie3@outlook.com.



Monday Morning Ambling Group meets weekly with each member leading a walk of approximately 3 miles on a rota. In January, Ann Lewis led an amble along Radcliffe Cliff Walk on a dry if quite cold morning. From the viewing platform, we could look down to the Trent and see Stoke

Lock and Weir and several moored boats. Some of us walked further along the Cliff and others into the well-kept Memorial Garden before lunch.

Beer and Cider Group

All are welcome to come to our next get together in the Wheatsheaf, Bingham on Thursday 27th February starting at around 7pm. Should be a good one!



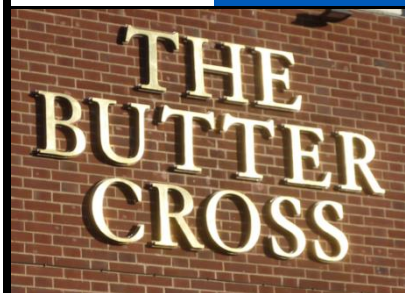
History Group



In January we had a well-attended and interesting talk from the Derbyshire-based historian Danielle Burton on *Charles Dickens - Champion of the Poor*. She explained about Victorian attitudes to poverty and how Dickens

had exposed the practices of the workhouse and ill treatment of the poor through books such as *Oliver Twist*, *David Copperfield*, *Nicholas Nickleby* and *A Christmas Carol*. Lots of great slides to back up her talk.

MONTHLY COFFEE MORNINGS



Monthly Coffee Mornings will now be held as before at The Buttercross in the Market Square at 10:30 on the second Monday of the month. All members are welcome, especially those who have recently joined. Just come along or contact Chris Butler at

kenbutler1@btinternet.com.

MEMBERSHIP REMINDER

A reminder that membership fees for 2025 were due last month. Thank you to all who have paid. Standard membership this year is still only £15 per person. If you require the Third Age Matters Magazine delivered to you, please pay an additional £4 to cover the cost of postage. Payment can be made by BACS, cash or cheque, payable to u3a Bingham. When paying by BACS please use your surname as the reference.

Bank details:

Name: Lloyds Sort Code: 30-96-18

Account number: 03247919

Postal payments: Margaret Blythe, Bingham u3a Membership
Secretary, 7 Mill Hill Road, NG13 8YR

NEWSLETTER DEADLINE

The deadline for the March 2025 edition of the Newsletter is 28th February. Please send any copy to Dave Hobson at appletrees.hobson@gmail.com. The Newsletter will be available on our website at www.binghamu3a.org from near the beginning of the month, from Bingham Library and at the Monthly Meetings in booklet format.

GROUP CONTACT DETAILS AND MEETING POINTS



Monday am

Bingham u3a Coffee Mornings are held at The Buttercross in the Market Square at 10:30 on the second Monday of the month. Contact Chris Butler at kenbutler1@btinternet.com

Ambling Group 1 meets at Church House weekly at 10:20. Contact Ann Lewis, bingham.u3a.vicechair@gmail.com, 01949 831530

Monday pm

Film Group meets at Butler's Coffee House on second Mondays at 2pm. Contact Lindsay Evett at lindsay.evett@outlook.com

Spanish Conversation Group meets every other Monday at Laura's house at 2pm. Contact Laura Rennie on 07722 499111 or laurare8305@gmail.com.

Table Tennis Group meets upstairs at Bingham Arena every 2nd and 4th Mondays from 3:30 to 4:30. Contact Lin Munroe at linmun.linda@gmail.com

Wine Tasting Group. Contact Lynne Barnett on 01949 875151 or lynnieb.barnett@ntlworld.com

Tuesday am

Knit and Natter Group meets at Bingham Library weekly at 10am. Contact Beryl Kemp on 01949 839728, bkemp1910@gmail.com or Judy Soar on 01949 837108

Tuesday pm

Ambling Group 2 meets in the main car park fortnightly at 1pm. Contact Jackie Hutton on 01949 838140 or Sue Eaton on 01949 839946

French Conversation Group 2 meets on the second and fourth Tuesdays from 2pm to 4pm. Contact Barbara Savage on 01949 838782 or savagepeterm@hotmail.co.uk

Gentle Exercise Group meets at Old Church House weekly from 1pm to 2pm. Contact Linda Walden on 01949 836717

Book Club Group meets in Bingham Library on the fourth Tuesday at 2pm. Contact Linda Molineaux at bingham.u3a.programme@gmail.com

Board Games Group meets at the Bowls Club from October to April at 7pm on the first Tuesday of the month. Contact Jeff Peters on 01949 875406 or jeff.peters369@gmail.com

Music Appreciation Group meets at 2pm on the second Tuesday. Contact Anthony Watts or Derrick Gierth on 01949 875968

Wednesday am

Petanque Group meets at The Grange on alternate weeks from 10am to 12am starting in May. Contact Beryl Kemp on 01949 839728 or bkemp1910@gmail.com

Walking Group 1 meets by Church House on the first Wednesday at 10am. Contact Veronica on 01949 875231 or vperry1951@gmail.com

Walking Group 2 meets at Church House (car share) on the second Wednesday at 9:30. Contact Esme Smith on 01949 875148 or esmesm74@yahoo.co.uk

Wednesday pm

Spanish Improvers Group meets in the Old Courthouse fortnightly from 2pm to 3pm. Contact Jean Oates on 01949 850864, 07898 895274 or us@theoates.net

History Group meets at the Methodist Centre on the fourth Wednesday at 2pm. Contact John Perry at jkp1951@gmail.com

Thursday am

STEM (Science, Technology, Engineering and Mathematics) Group meets at the Methodist Centre on the fourth Thursday of alternate months from 11am to 12am. Contact Dave Hobson on 01949 836042 or appletrees.hobson@gmail.com

Bridge Group meets at the Bowls Club on alternate weeks from 10am to 12am. Contact Dave Cobley on 07966 370385 or dfcobley@hotmail.com

Thursday pm

Beer and Cider Group meet monthly on Thursday evenings, the time depending on public transport and the venue. Contact John Perry on jkp1951@gmail.com or 01949 875231

Croquet Group meets at the Butt Field Pavilion fortnightly starting on April 25th at 1:30 until September. Contacts - Jackie Hutton, 07443 595653 and Judith Wilkin, 07769 293621

German Conversation Group meets fortnightly at 2:30. Contact Valerie Morgan on 0115 9332353, valdave_morgan@btinternet.com
Creative Writing Group meets on the first Thursday of every month from 11am to 1pm at the Wildflower Cafe, Coach Gap Lane, Langar. Contact Lynne Boardman at Southam2610@gmail.com
Ukulele Group meets on the second and fourth Thursdays at Bingham Methodist Centre, from 2pm to 3.45pm. Contact David Eagland on 01949831022 or davidmeagland@btinternet.com
Creative Stitching Group meets every Thursday from 2pm to 4pm in the Library. All levels and types of embroidery/ patchwork, etc. For details contact Mary on 01949 851110
Friday am
Mobility and Movement Group meets at the Methodist Centre weekly from 10am to 11am. Contact Ann Lewis on 01949 831530 or annl_uk@yahoo.co.uk
Recorder Group meets at the Old Court House on the first and third Fridays from 10:30 to 11:45. Contact Viv Dyer on 01949 838614 or vivien.dyer@ntlworld.com
Friday pm
French Group 1 meets fortnightly from 2pm to 3:30pm. Contact Lis Leslie on 01949 831602
Canasta Group meets in Room 2 at the Methodist Centre at 2pm on the first and third Fridays. Contact is Martin Cox, martin.cox1@outlook.com
Practical Gardening Group meets at 2pm. Contact Jo McHugh, jomchugh@outlook.com
Sunday
Sunday Lunch Group meets on the first Sunday at 12:30. Contact Jill Kent on 0115 9334516
Various days
Explorers Visits Group - contact Ann Lewis, 01949 831530

BINGHAM u3a COMMITTEE, 2024/25

Position	Name	Contact number and email
Chairperson	Veronica Perry	01949 875231 bingham.u3a.chairperson@gmail.com
Vice Chairman	Ann Lewis	01949 831530 bingham.u3a.vicechair@gmail.com
Business Secretary & Publicity	John Perry	01949 875231 bingham.u3a.secretary@gmail.com
Minutes Secretary	Jennifer Jones	jenniferlesley55@gmail.com
Treasurer	Leila Kirkham	07772 303328 bingham.u3a.treasurer@gmail.com
Membership	Margaret Blythe	01949 831537 bingham.u3a.membership@gmail.com
Programme Speakers	Linda Molineaux	07855 762775 bingham.u3a.programme@gmail.com
Database/Data Protection	Steve Aremia	01949 831537 bingham.u3a.database@gmail.com
Website	Dave Hobson	01949 836042 appletrees.hobson@gmail.com
Groups Co-ordinator	Ann Lewis	01949 831530 bingham.u3a.vicechair@gmail.com
Newsletter	Dave Hobson	01949 836042 bingham.u3a.newsletter@gmail.com
New Member Support	Chris Butler	01949 851860 kenbutler1@btinternet.com
Co-opted member	Robin Wilkin	07767 603799 robin@wilkinassociates.com
Refreshments (non-Committee)	Sue Eaton and volunteers	01949 839946
Equipment Handler (non-Committee)	Judy Soar	01949 837108

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