



**October 2024
Newsletter**



**Founded October 2000
Registered Charity No. 1181961**

**Bingham u3a meetings are held in the Methodist Centre,
Bingham at 2pm on the third Wednesday of the month.
16th October – Bingham u3a AGM**



MONTHLY PROGRAMME NEWS

October – Bingham u3a AGM, so no there is no speaker
November we have a mystery speaker – details to follow
December – *Funny Turns*, a live show with Dave Moylan
January – *The Golden Age of Children's Books* with Danny Wells
February – *Fraud Protection* and how to beware of scams
March – *The River Trent* with Michael Burton



A step in Crime with Richard Povey

In September, our Chair, Veronica introduced Richard to a talk on how forensic podiatry helps us understand how expert witnesses such as podiatrists are able to use

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their knowledge of the human foot and alongside scientific techniques, evaluate evidence in criminal cases.



SOCIAL EVENTS

Beetle Drive

We will be holding another Beetle Drive open to all members on Thursday 24th October at 2pm in the Methodist Centre. No teams are needed, no experience is necessary and all rules will be explained on the day. To find out more, contact Linda Molineaux at lindamolineaux46@gmail.com.

Quiz

The annual Bingham u3a Quiz will be held at 7pm on the 2nd of November at Bingham Rugby Club, The Pavilion, Brendon Grove, NG13 8TN. Teams of up to six people are invited. Contact John Perry for more details at jkp1951@gmail.com.



COMMITTEE NEWS

u3a Coffee Morning

Bingham u3a will hold its monthly coffee meetings in Bingham Methodist Centre at 10:30 on the 2nd Thursday of the month. All new and existing members are welcome. Contact Chris Butler at kenbutler1@btinternet.com.



u3a Week

From the 23rd to the 28th of September, Bingham u3a held an exhibition in Bingham Library of our Interest Groups' activities. This was part of u3a Week, a country-wide, annual event to showcase the activity, learning and fun which takes place across the movement every day. It is a celebration of positive ageing, highlighting our members' lived experiences.

Group Facilitators' Meeting



In September, Group Vice-Chair Ann Lewis convened a meeting of fourteen Group Facilitators to discuss important issues relating to running a Group, from Risk Assessments to email protocols, from Whatsapp to u3a websites and others.

It looks a lot, but running a Group is easier than it seems.



Fourth Wednesday Walking Group, 25th September

We were lucky again! After some days of heavy rain, the skies cleared and Val was able to lead us on a lovely 4¾ mile walk from the Rutland Arms to the Bottesford Beacon with views across to

Belvoir Castle. We continued on pleasant tracks and farmland near Normanton. Some members chose a shorter route and were able to visit Bottesford Church and Friendship Garden (although entry was forbidden due to a wasps' nest) before we all had lunch at the Rutland Arms.

For the October 23rd meeting, Lesley is planning a walk around the Newark area starting at the Queens Sconce, Devon Park. For enquiries about the Wednesday Walking Groups, please contact John and Glynis Greenwood at johnandglyn@btinternet.com.

History Group

To the farms and the fields, we must go – a line from a song specially written for the Women's Land Army

Clare Wilkins from the Bingham Heritage Trails Association gave a fascinating talk on the role of the Women's Land Army in WW2. She explained how it was set up in 1938 to increase home food production by asking women to volunteer on the land and replace the men who had gone to war. Eventually there were over 200,000 women who joined, and they really were the unsung heroes of the WW2. She told the moving story of Joan Bottemore who moved from Hyson Green to a remote farm a

few miles from Bingham at the age of 19. It was a hard and gruelling work for the women in all weathers, but the girls had good times too. There had been a WLA hostel in Bingham and the girls had gone on strike as the hostel was so cold in winter! The WLA were not really recognised for their contribution until 2012 when they were allowed to walk past the Cenotaph with other Armed Forces.

Creative Stitching

The group now meets every Thursday from 2pm to 4pm in the Library. All levels and types of embroidery and patchwork will be covered. For details contact Mary on 01949 851110.



Board Games Group

The Board Games Group is about to restart for its winter season. Please note that we have a change of date and the group will now meet at 7pm on the first Tuesday of the month at Bingham Bowls Club. The bar will be open. New members are very welcome to join us. For more details, please contact Jeff Peters on 01949 875406 or jeff.peters369@gmail.com.

Tech Workshop

Unfortunately the Tech Workshop Group has stopped due to lack of people needing help with IT! Thank you Louise, you did your best.



Table Tennis

Table tennis continues on the 2nd and 4th Mondays of the month from 15:30 until 16:30 at Bingham Arena at a cost of £2.00 per session. Some coaching will be available in future. Contact Linda Munro, linmun.linda@gmail.com.

STEM Group

Keeping the lights on

Ratcliffe on Soar Power Station closed on the 30th of September bringing to an end coal-fired power generation in the UK. As a tribute, the group discussed the history of Ratcliffe and its recent role ensuring security of electricity supply on cold, dark, windless days when no other supplies are available.



Additional, alternative methods of short-term backup are planned such as batteries and pumped storage, but none can provide the longer term energy storage capacity of Ratcliffe's heap of coal.



First Wednesday Walking Group

This Tuesday we did a 4.5 mile walk around Epperstone organised by Judith Wilkin. The rain had stopped and although soggy in places, it was a good walk, followed by some delicious bacon rolls at Bumbles cafe. An excellent morning.

The deadline for the November 2024 edition of the Newsletter is 25th October. Please send any copy to Dave Hobson at appletrees.hobson@gmail.com. The Newsletter will be available on our website at www.binghamu3a.org from the beginning of the month, from Bingham Library and at the Monthly Meetings.

GROUP CONTACT DETAILS AND MEETING POINTS



Monday am

Ambling Group 1 meets at Church House weekly at 10:20.
Contact Ann Lewis, bingham.u3a.vicechair@gmail.com, 01949 831530

Monday pm

Film Group meets at Butler's Coffee House on second Mondays at 2pm. Contact Lindsay Evett at lindsay.evett@outlook.com

Spanish Conversation Group meets at Laura's house on alternate weeks at 2pm. Contact Laura Rennie on 07722 499111

Table Tennis Group meets upstairs at Bingham Arena every 2nd and 4th Monday from 3.30 to 4.30. Contact Linda Munroe at linmun.linda@gmail.com

Wine Tasting Group. Contact Lynne Barnett on 01949 875151 or lynnieb.barnett@ntlworld.com

Tuesday am

Knit and Natter Group meets at Bingham Library weekly at 10am. Contact Beryl Kemp on 01949 839728, bkemp1910@gmail.com or Judy Soar on 01949 837108

Tuesday pm

Ambling Group 2 meets in the main car park fortnightly at 1pm. Contact Jackie Hutton on 01949 838140 or Sue Eaton on 01949 839946

French Conversation Group 2 meets on the second and fourth Tuesdays from 2pm to 4pm. Contact Barbara Savage on 01949 838782 or savagepeterm@hotmail.co.uk

Gentle Exercise Group meets at Old Church House weekly from 1pm to 2pm. Contact Linda Walden on 01949 836717

Book Club Group meets in Bingham Library on the fourth Tuesday at 2pm. Contact Linda Molineaux at bingham.u3a.programme@gmail.com

Board Games Group meets at the Bowls Club from October to April at 7pm on the first Tuesday of the month. Contact Jeff Peters on 01949 875406 or jeff.peters369@gmail.com.

Music Appreciation Group meets at 2pm on the second Tuesday. Contact Anthony Watts or Derrick Gierth on 01949 875968

Wednesday am

Petanque Group meets at The Grange on alternate weeks from 10am to 12am starting in May. Contact Beryl Kemp on 01949 839728 or bkemp1910@gmail.com

Walking Group 1 meets by Church House on the first Wednesday at 10am. Contact Veronica on 01949 875231 or vperry1951@gmail.com

Walking Group 2 meets at Church House (car share) on the second Wednesday at 9:30. Contact Esme Smith on 01949 875148 or esmesm74@yahoo.co.uk

Walking Group 4 meets at 10:15 on the fourth Wednesday at various locations. Car share may be possible. Contact John and Glyn Greenwood 011598999798 or johnandglyn@btinternet.com

Wednesday pm

Spanish Improvers Group meets in the Old Courthouse fortnightly from 2pm to 3pm. Contact Jean Oates on 01949 850864, 07898 895274 or us@theoates.net

History Group meets at the Methodist Centre on the fourth Wednesday at 2pm. Contact John Perry at jkp1951@gmail.com

Thursday am

u3a Coffee Morning meets in Bingham Methodist Centre at 10:30 on the 2nd Thursday of the month. Contact Chris Butler at kenbutler1@btinternet.com.

STEM (Science, Technology, Engineering and Mathematics) Group meets at the Methodist Centre on the fourth Thursday of alternate months from 11am to 12am. Contact Dave Hobson on 01949 836042 or appletrees.hobson@gmail.com

Bridge Group meets at the Bowls Club on alternate weeks from 10am to 12am. Contact Dave Cobley on 07966 370385 or dfcobley@hotmail.com

Thursday pm

Beer and Cider Group meet monthly on Thursday evenings, the time depending on public transport and the venue. Contact John Perry on jkp1951@gmail.com or 01949 875231.

Croquet Group meets at the Butt Field Pavilion fortnightly starting on April 25th at 1:30 until September. Contacts – Jackie Hutton, 07443 595653 and Judith Wilkin, 07769 293621

German Conversation Group meets fortnightly at 2:30. Contact Valerie Morgan on 0115 9332353, valdave_morgan@btinternet.com

Creative Writing Group meets on the first Thursday of every month from 11 am to 1 pm at the Wildflower Cafe, Coach Gap Lane, Langar. Contact Lynne Boardman at Southam2610@gmail.com.

Creative Stitching Group meets every Thursday from 2pm to 4pm in the Library. All levels and types of embroidery/ patchwork, etc. For details contact Mary on 01949 851110.

Friday am

Mobility and Movement Group meets at the Methodist Centre weekly from 10am to 11am. Contact Ann Lewis on 01949 831530 or annl_uk@yahoo.co.uk

Recorder Group meets at the Old Court House on the first and third Fridays from 10:30 to 11:45. Contact Viv Dyer on 01949 838614 or vivien.dyer@ntlworld.com

Friday pm

French Group 1 meets fortnightly from 2:30 to 4pm. Contact Lis Leslie on 01949 831602

Canasta Group meets in Room 2 at the Methodist Centre at 2pm on the first and third Fridays. Contact is Martin Cox, martin.cox1@outlook.com

Practical Gardening Group meets at 2pm. Contact Jo McHugh, jomchugh@outlook.com.

Sunday

Sunday Lunch Group meets on the first Sunday at 12:30. Contact Jill Kent on 0115 9334516

Various days

Explorers Visits Group – Contact Ann Lewis, 01949 831530

Position	Name	Contact number and email
Chairperson	Veronica Perry	01949 875231 bingham.u3a.chairperson@gmail.com
Vice Chairman	Ann Lewis	01949 831530 bingham.u3a.vicechair@gmail.com
Business Secretary & Publicity	John Perry	01949 875231 bingham.u3a.secretary@gmail.com
Minutes Secretary	Jennifer Jones	01949 839572 jenniferlesley55@gmail.com
Treasurer	Judith Axtell	01949 839097 bingham.u3a.treasurer@gmail.com
Membership	Margaret Blythe	01949 831537 bingham.u3a.membership@gmail.com
Programme Speakers	Linda Molineaux	07855 762775 bingham.u3a.programme@gmail.com
Database/Data Protection	Steve Aremia	01949 831537 bingham.u3a.database@gmail.com
Website	Dave Hobson	01949 836042 appletrees.hobson@gmail.com
Groups Co-ordinator	Ann Lewis	01949 831530 bingham.u3a.vicechair@gmail.com
Newsletter	Dave Hobson	01949 836042 bingham.u3a.newsletter@gmail.com
New Member Support	Chris Butler	01949 851860 kenbutler1@btinternet.com
Refreshments (non-Committee)	Sue Eaton and volunteers	01949 839946
Equipment Handler (non-Committee)	Judy Soar	01949 837108

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