



**September
2024
Newsletter**



**Founded October 2000
Registered Charity No. 1181961**

**Bingham u3a meetings are held in the Methodist Centre,
Bingham at 2pm on the third Wednesday of the month.
No meeting in August**

**18th September – A Step in Crime with Richard Povey
16th October – Bingham u3a AGM**



NOTICE OF AGM

The 24th Annual General Meeting of Bingham u3a will be held on Wednesday 16th October 2024 at 2pm in Bingham Methodist Centre, Union Street, Bingham, NG13 8AD.

AGENDA

1. Welcome remarks by the Chair.
2. Apologies for absence – Secretary
3. Minutes of the AGM held on 18th October 2023 – Secretary
4. Matters arising – Secretary

www.binghamu3a.org

www.facebook.com/binghamu3a

5. Annual Report – Chair
6. Annual accounts for the year 2023/24 –Treasurer
7. Motions from members – Secretary
8. Membership Report – Membership Secretary
9. Report from Groups – Groups Coordinator
10. Election of Officers and Committee Members – Secretary
11. Any Other Business

Although members of the Committee have expressed their willingness to serve for another term, this does not preclude any member from standing for election to their posts or as assistant to a position.

There is always a need for additional Committee members and it helps to plan for succession when officers step down. Currently, there are no vacancies but volunteers would be welcome. Anyone taking on these responsibilities does not need to attend every Committee Meeting unless they wish to do so.

Nomination and Resolution forms are being emailed to members.

Completed forms should be returned to the Secretary by 21st September. Forms can also be obtained by contacting her on 01949 831530 or by email bingham.u3a.secretary@gmail.com.

Afterwards, there will be a social gathering, giving you a chance to chat with Group Leaders and enjoy tea and cakes.



SOCIAL EVENT

Advance warning: Annual u3a quiz on 2nd November. Save the date/ more details to follow.



From 19th to 21st July, Bingham u3a took part in the Open House of Flowers activity run by Bingham Methodist Church. The idea of the event was for people to come into the Church Centre to see what happens there – and who uses it – with exhibits from

users enhanced by flowers.

Bingham u3a's presentation was put together by members Jo McHugh and Jeanne Merchant assisted by Ann Porter. Our exhibit, and the others, were viewed by hundreds of people over the course of the three days.



18th September – A step in Crime with Richard Povey

Richard's talk on forensic podiatry will help you to understand how expert witnesses such as podiatrists are able to use their knowledge of the human foot and, alongside scientific

techniques, evaluate evidence in criminal cases. It really is being one step ahead for or against a defendant. It may also make you look at your own feet in a different way.



17TH July – From Radio Caroline to Classic FM with Nick Bailey

The speaker's voice was so familiar, warm and deep, resonating through the years. A radio voice? Classic FM? Yes, it was Nick Bailey who took the audience back to the exciting days of Pirate Radio –Radio Caroline in particular. Nick told the story of his career in broadcasting, including the

beginnings of Classic FM and travels around the world.

It would be difficult to convey to youngsters nowadays the excitement and slightly naughty thrill of listening to Radio Luxembourg under the bed covers, trying to get a signal. Or tuning in to the Pirates, who provided one of the sources of hearing the latest hit records, then listening to it in a record-shop booth and perhaps buying it with pocket money. Personally, I cried when the government closed down the Pirates by law, seeing it as an infringement on liberty and enterprise.

I look forward to reading Nick's book and thank him for taking us back to those experiences of yesteryear.,

Linda Molineaux

The deadline for the October 2024 edition of the Newsletter is 24th September. Please send any copy to Dave Hobson at appletrees.hobson@gmail.com. The Newsletter will be available on our website at www.binghamu3a.org from the beginning of the month, from Bingham Library and at the Monthly Meetings.



What a fantastic event! John and I were lucky to get tickets for the first ever National u3a Festival, held at The University of York in July. The setting was beautiful, the company convivial, and even the sunny weather had been booked for three days. The only problem was choosing which activities to select from the 80 on offer, all run by u3a members. In the end we settled on enjoying the rock band on Thursday evening followed by Juke Box Jury (remember when it came to Bingham?). Friday proved too hot to go on the guided walk around Georgian York, so instead we took part in Singing for Pleasure.

My afternoon began with a Floral Crown Workshop, followed by Laughter Yoga. One session of the latter was enough for me, but at least I tried something new. John chilled out listening to more music groups, and then joined the National Chair, Liz Thackray, at the German-speaking table for dinner. He



was then persuaded to do his first solo singing performance at the Open Mic Night. The final morning involved a short game of Petanque before heading home. What a shame we didn't have time for the many other delights on offer, including talks such as Egyptology, AI in the Back Garden and Astronomy, Dance Exercise and Pickleball, Knit and Natter and Spanish Board Games amongst other offerings. Here's to the next festival!!

1st Wednesday Walking Group

Calling all Walkers!

The FIRST Wednesday walking group will be up and running again in OCTOBER. WE are looking for NEW and OLD members to revive this group, At the moment, the group does local walks of 4 to 5 miles starting and finishing at a pub. Car sharing is encouraged.

If you are interested in joining this group and you haven't already contacted me. please contact me with your details and I will include you on our mailing list.

Veronica Perry, Binghamu3aChairperson@gmail.com. or 01949875231.



History Group

A small but select group had a fascinating tour on the 16th July of the Civil War Queen's Sconce (literally fort) in Newark. We were fortunate in that Ailish D'Arcy - who will be giving us a presentation on Newark's role in the Civil War in our

2025 programme - was able to join us and pass on her detailed knowledge of the Sconce. Essentially it was built by Royalist engineers in 1644 to help defend Newark against the Parliamentary army. We finished next to the mock up metal cannon that was put in place there about 10 years ago to help give an idea how the Sconce was defended.





Gardening Group

In August, the Gardening Group visited Green's Mill Community Garden in Sneinton. One of our members, who is a volunteer gardener there, was happy to host the visit and show the group around the garden.

Knit and Natter

We meet every Tuesday morning 10am to 12am. We work on our own projects and sometimes on joint projects and often there is more Natter than Knit.

Over the past few months we have been participating in the



charity Knitting Challenge, knitting "care squares" and sewing them into blankets. The "Blanket-a-thon" is sponsored by Notts Libraries and Councils. There will be a display of all the blankets at Mansfield Library from 14th August to 24th September.

Everyone is welcome to join us whether you are an experienced knitter or a beginner. We are not a teaching group, but if you have a problem with patterns etc. there is always someone in the group to help you out.

GROUP CONTACT DETAILS AND MEETING POINTS



Monday am

Ambling Group 1 meets at Church House weekly at 10:30. Contact Ann Lewis, bingham.u3a.vicechair@gmail.com, 01949 831530

Coffee Social Group meets at the Buttercross Pub on the second Monday at 10:30. Contact any Committee member or 01949 851860

Monday pm

Film Group meets at Butler's Coffee House on second Mondays at 2pm. Contact Lindsay Evett at lindsay.evett@outlook.com

Spanish Conversation Group meets at Laura's house on alternate weeks at 2pm. Contact Laura Rennie on 07722 499111

Table Tennis Group meets upstairs at Bingham Arena every 2nd and 4th Monday from 3.30 to 4.30pm. Contact Linda Munroe at linmun.linda@gmail.com

Board Games Group meets at the Bowls Club from October to April on the second Monday at 7pm. Contact Jeff Peters on 0744 3528048 or jeff.peters369@gmail.com

Wine Tasting Group. Contact Lynne Barnett on 01949 875151 or lynnieb.barnett@ntlworld.com

Tuesday am

Knit and Natter Group meets at Bingham Library weekly at 10am. Contact Beryl Kemp on 01949 839728, bkemp1910@gmail.com or Judy Soar on 01949 837108

Tuesday pm

Ambling Group 2 meets in the main car park fortnightly at 1pm. Contact Jackie Hutton on 01949 838140 or Sue Eaton on 01949 839946

French Conversation Group 2 meets on the second and fourth Tuesdays from 2pm to 4pm. Contact Barbara Savage on 01949 838782 or savagepeterm@hotmail.co.uk

Gentle Exercise Group meets at Old Church House weekly from 1pm to 2pm. Contact Linda Walden on 01949 836717

Book Club Group meets in Bingham Library on the fourth Tuesday at 2pm. Contact Linda Molineaux at bingham.u3a.programme@gmail.com

Music Appreciation Group meets at 2pm on the second Tuesday. Contact Anthony Watts or Derrick Gierth on 01949 875968

Wednesday am

Petanque Group meets at The Grange on alternate weeks from 10am to 12am starting in May. Contact Beryl Kemp on 01949 839728 or bkemp1910@gmail.com

Walking Group 1 meets by Church House on the first Wednesday at 10am. Contact Veronica on 01949 875231 or vperry1951@gmail.com

Walking Group 2 meets at Church House (car share) on the second Wednesday at 9:30. Contact Esme Smith on 01949 875148 or esmesm74@yahoo.co.uk

Walking Group 4 meets at 10:15 on the fourth Wednesday at various locations. Car share may be possible. Contact John and Glyn Greenwood 011598999798 or johnandglyn@btinternet.com

Wednesday pm

Spanish Improvers Group meets in the Old Courthouse fortnightly from 2pm to 3pm. Contact Jean Oates on 01949 850864, 07898 895274 or us@theoates.net

History Group meets at the Methodist Centre on the fourth Wednesday at 2pm. Contact John Perry at jkp1951@gmail.com

Thursday am

STEM (Science, Technology, Engineering and Mathematics) Group meets at Methodist Centre on the fourth Thursday of the month from 11am to 12am. Contact Dave Hobson on 01949 836042 or appletrees.hobson@gmail.com

Bridge Group meets at the Bowls Club on alternate weeks from 10am to 12am. Contact Dave Cobley on 07966 370385 or dfcobley@hotmail.com

Thursday pm

Croquet Group meets at the Butt Field Pavilion fortnightly starting on April 25th at 1:30pm until September. Contacts – Jackie Hutton, 07443 595653 and Judith Wilkin, 07769 293621

German Conversation Group meets fortnightly at 2:30pm. Contact Valerie Morgan on 0115 9332353, valdave_morgan@btinternet.com

Creative Writing Group meets on the first Thursday of every month from 11 am to 1 pm at the Wildflower Cafe, Coach Gap Lane, Langar. Contact Lynne Boardman, Southam2610@gmail.com

Sewing Group meets in Room 2 of the Methodist Centre on the first and third Thursdays. Contact Mary on 01949 851110 or maryannball@tiscali.co.uk

Friday am

Mobility and Movement Group meets at the Methodist Centre weekly from 10am to 11am. Contact Ann Lewis on 01949 831530 or annl_uk@yahoo.co.uk

Recorder Group meets at the Old Court House on the first and third Fridays from 10:30 to 11:45. Contact Viv Dyer on 01949 838614 or vivien.dyer@ntlworld.com

Friday pm

French Group 1 meets fortnightly from 2:30pm to 4pm. Contact Lis Leslie on 01949 831602

Canasta Group meets in Room 2 at the Methodist Centre at 2pm on the first and third Fridays. Contact is Martin Cox, martin.cox1@outlook.com

Practical Gardening Group meets at 2pm. Contact Jo McHugh, jomchugh@outlook.com.

Sunday

Sunday Lunch Group meets on the first Sunday at 12:30. Contact Jill Kent on 0115 9334516

Various days

Explorers Visits Group – Contact Ann Lewis, 01949 831530

Beer and Cider Group – Contact John Perry at jkp1951@gmail.com

Position	Name	Contact number and email
Chairperson	Veronica Perry	01949 875231 bingham.u3a.chairperson@gmail.com
Vice Chairman	Ann Lewis	01949 831530 bingham.u3a.vicechair@gmail.com
Business Secretary & Publicity	John Perry	01949 875231 bingham.u3a.secretary@gmail.com
Minutes Secretary	Jennifer Jones	01949 839572 jenniferlesley55@gmail.com
Treasurer	Judith Axtell	01949 839097 bingham.u3a.treasurer@gmail.com
Membership	Margaret Blythe	01949 831537 bingham.u3a.membership@gmail.com
Programme Speakers	Linda Molineaux	07855 762775 bingham.u3a.programme@gmail.com
Database/Data Protection	Steve Aremia	01949 831537 bingham.u3a.database@gmail.com
Website	Dave Hobson	01949 836042 appletrees.hobson@gmail.com
Groups Co-ordinator	Ann Lewis	01949 831530 bingham.u3a.vicechair@gmail.com
Newsletter	Dave Hobson	01949 836042 bingham.u3a.newsletter@gmail.com
New Member Support	Chris Butler	01949 851860 kenbutler1@btinternet.com
Refreshments (non-Committee)	Sue Eaton and volunteers	01949 839946
Equipment Handler (non-Committee)	Judy Soar	01949 837108

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