



October 2025
Newsletter



Founded October 2000
Registered Charity No. 1181961

Bingham u3a meetings are held in the Methodist Centre, Bingham at 2pm on the third Wednesday of the month.

15th October - Bingham u3a AGM

19th November - *History of the Framework Knitters Museum* with Susan Russell

17th December - *Brian Clough, The Lost Tapes* with Marcus Alton



NOTICE OF AGM - REMINDER

The 25th Annual General Meeting of Bingham u3a will be held on Wednesday 15th October 2025 at 2pm in Bingham Methodist Centre, Union Street, Bingham, NG13 8AD. We still need a **New Members Support Officer** who can also run our coffee mornings, a **Publicity Officer** and a **Meetings Manager** who could run our monthly meetings. There is always a need for additional Committee members and it helps to plan for succession when officers step down. Anyone taking on these responsibilities does not always need to attend every Committee Meeting unless they wish to do so.

After the AGM, there will be a social gathering, giving you a chance to chat with Group Facilitators and enjoy tea and cakes.

www.binghamu3a.org

www.facebook.com/binghamu3a



Local companies help celebrate Bingham u3a's 25th Anniversary

To start the 25th birthday, we are holding a celebratory function at Bingham Arena. The food will be supplied by local company Rhubarbs and (some of) the beer is being brewed by Linear Brewery, a local microbrewery.

The photos show John Perry (Publicity Officer) with Marc Williamson of Linear Brewery starting off the brewing process for a special batch of bottle-conditioned hoppy beer which will be ready for the event on 18th October.

Bingham u3a – like other u3a's – is a local organisation helping local people and thus it is only right and proper that local companies should be used to help celebrate this important birthday.



BINGHAM U3A BIG DAY



A great day on Saturday 27th. Many stalls were set up and as soon as Leila and Ann went outside to hand out leaflets, a flow of potential new members arrived. Bridge, Scrabble and Canasta were demonstrated with some audience participation. Sue Eaton provided a steady stream of tea, coffee and cakes for all. A worthwhile day if somewhat exhausting. Thanks to all, especially Martin Cox who came up with the idea to celebrate Bingham u3a Day.

Here are some photos taken on the day.



Scrabble Group



Knit and Natter



Bridge Group



Croquet Group



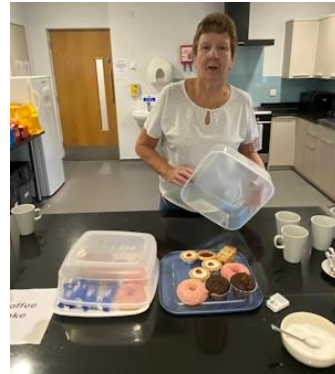
Practical Gardening Group



Music Appreciation Group



Canasta Group



Refreshments



Walking Groups



Book Group



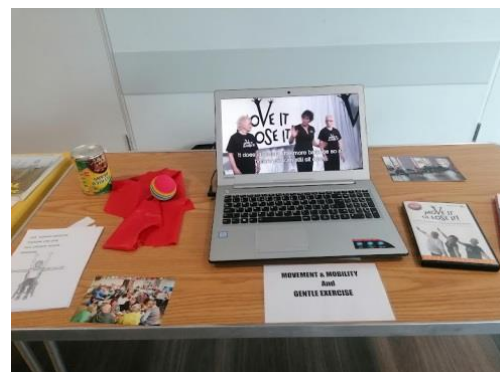
STEM Group



Board Games Group



Beer and Cider, Wine Tasting and History Groups



Mobility and Movement Group



Railway Man - Engineer - Diver **with Brian Maddison, 17th** **September**

Local author Brian recounted his career as a railway civil engineer from 1964 to 2023. He described major projects, including bridge repairs and the construction of a rare new station in the 1970s. His stories blended successes with humorous mishaps. While at British Rail, he joined the diving team, conducting underwater inspections of bridges and harbours across the UK, which he detailed in three chapters of his book. Following privatisation of the

rail industry in 1995, he and colleagues founded Bridgeway Consulting, which thrived and grew to employ 750 people. At his talk, he offered signed copies of his book, with proceeds donated to the Railway Children Charity.

History Group - *The Development of Colour*

In September, Jacqueline Cartwright from Newark u3a gave a fascinating talk on the Development of Colour through the ages. She covered the Paleolithic era where drawings were made with charcoal and earth pigments. Examples of Aboriginal, Native Indian and European art were also shown.

Moving on from the original pigments such as ochres and organic binders, other earth pigments such as ground minerals were used and these elemental colours were replaced by synthetic colours. Paints introduced in the Industrial Revolution allowed more consistent and varied colour palettes for artists. Jacqueline explained different theories of colour developed by Aristotle and Goethe moving on to scientific theories of Newton, Da Vinci and others. She also showed how different artists throughout the last centuries used colour in their paintings.



The next meeting is on 22nd October at 2pm at the Methodist Centre.



Ambling Group

In September, the Ambling Group visited the Millennium Garden in the Nottingham University Park. The garden is on a trail through the 300 acre park which also includes the huge Lenton Firs Rock Garden, the Jekyll Garden, the Highfield Walled Garden and a new Memorial Woodland Walk.

Practical Gardening Group

At the end of August, we visited the beautiful Honeytrees Tropical Garden in Bottesford. The garden combines tropical and exotic plants with raised borders ranging from dense foliage to cacti. A gentle incline leads to glasshouses showcasing different climates, alongside ponds and a stream. It reflects over 20 years of plant collecting.



On October 24th, our last meeting of 2025, we will be going to Hollybeck Garden Centre for coffee and cake and take a good look round this excellent garden centre.

We will restart our programme in April next year, on every 4th Friday at 2pm. If you are willing to host one of the month's visits, can you let me know so I can put a programme together? As well as visiting members' gardens, we are thinking of visiting more local and open-gardens so any ideas would be welcome. We will probably revisit Honeytrees in August and perhaps go to the Flowerpod in Southwell.

Contact - Jo McHugh, jomchugh@outlook.com.



Board Games Group

The Board Games Group will be restarting on 7th October at 7pm at Bingham Bowls Club on Long Acre and then on the first Tuesday of the month until April. We play a wide range of games in a friendly not-too-serious competition while having a chat and enjoying a glass or two from the bar. New

members are very welcome and we are happy to teach you how to play games that may be new to you. For more information contact Jeff Peters on 07443528048.

Beer and Cider Group

In September, we took over the Stratford Haven pub in West Bridgford for another night of beer tasting. Most beers came from our very own Castle Rock Brewery but we even sampled some from Pollys Brewery in Mold, North Wales.

The next meeting will be in Radcliffe on Trent. Contact Jkp1951@gmail.com for more details.



First Wednesday Walking Group

At the beginning of October, Lin led a 5-mile walk around Calverton starting at the Admiral Rodney. The route took us up to Ramsdale Hill and the high ground between Calverton and Woodborough. The day ended with a fine lunch at The Admiral Rodney.



U3A WEEK



u3a Week is an annual event to showcase the activity, learning and fun that takes place across the movement every day. From 20th to 27th September, Bingham u3a displayed a stand in Bingham Library showing information about our Interest Group activities. Enquiries were made by potential new members interested in a range of activities including a possible new one - pickle ball!

QUIZ EVENING AND SOCIAL EVENT

The Bingham u3a 25th Anniversary Quiz will be held at 7pm on the 29th of November at Bingham Rugby Club, The Pavilion, Brendon Grove, NG13 8TN. Teams of up to six people are invited. Contact John Perry to register your team and for more details at jkp1951@gmail.com.

The Christmas Social Event will take place at the same venue on December 19th. More details next month.

NEWSLETTER DEADLINE

The deadline for the November 2025 edition of the Newsletter is October 31st. Please send any copy to Dave Hobson at appletrees.hobson@gmail.com

GROUP CONTACT DETAILS AND MEETING POINTS

Monday am

Bingham u3a Coffee Mornings are held at The Buttercross in the Market Square at 10:30 on the second Monday of the month. Contact Chris Butler at kenbutler1@btinternet.com

Ambling Group 1 meets at Church House weekly at 10:20. Contact Ann Lewis, bingham.u3a.vicechair@gmail.com, 01949 831530

Monday pm

Film Group meets at Butler's Coffee House on second Mondays at 2pm. Contact Lindsay Evett at lindsay.evett@outlook.com

Table Tennis Group meets upstairs at Bingham Arena every 2nd and 4th Mondays from 3:30 to 4:30. Contact Lin Munroe at linmun.linda@gmail.com

Wine Group 1. Contact Lynne Barnett on 01949 875151 or lynnieb.barnett@ntlworld.com

Tuesday am

Knit and Natter Group meets at the Bowls Club weekly at 10am. Contact Beryl Kemp on 01949 839728, bkemp1910@gmail.com or Judy Soar on 01949 837108

Tuesday pm

Ambling Group 2 meets in the main car park fortnightly at 1pm. Contact Jackie Hutton on 01949 838140 or Sue Eaton on 01949 839946

French Conversation Group 2 meets on the second and fourth Tuesdays from 2pm to 4pm. Contact Barbara Savage on 01949 838782 or savagepeterm@hotmail.co.uk

Gentle Exercise Group meets at Old Church House weekly from 1pm to 2pm. Contact Linda Walden on 01949 836717

Book Club Group meets in Bingham Library on the fourth Tuesday at 2pm. Contact Linda Molineaux at bingham.u3a.programme@gmail.com

Board Games Group meets at the Bowls Club from October to April at 7pm on the first Tuesday of the month. Contact Jeff Peters on 07443528048 or jeff.peters369@gmail.com

Music Appreciation Group meets at 2pm on the second Tuesday. Contact Anthony Watts or Derrick Gierth on 01949 875968

Wednesday am

Petanque Group meets at The Grange on the second and fourth Wednesdays from 10am to 12pm starting in May. Contact Beryl Kemp on 01949 839728 or bkemp1910@gmail.com

Walking Group 1 meets by Church House or at the start on the first Wednesday at 10am. Contact Veronica on 01949 875231 or vperry1951@gmail.com

Walking Group 2 meets at Church House (car share) on the second Wednesday at 9:30. Contact Esme Smith on 01949 875148 or esmesm74@yahoo.co.uk

Wednesday pm

Scrabble Group meets from 3pm to 5pm in Room 1 at Bingham Methodist Centre on the second and fourth Wednesdays of each month. Contact Hazel at hajwgghs@btopenworld.com

Spanish Improvers Group meets in the Old Courthouse fortnightly from 2pm to 3pm. Contact Jean Oates on 01949 850864, 07898 895274 or us@theoates.net

History Group meets at the Methodist Centre on the fourth Wednesday at 2pm. Contact John Perry at jkp1951@gmail.com

Thursday am

STEM (Science, Technology, Engineering and Mathematics) Group meets at the Methodist Centre on the fourth Thursday of alternate months from 11am to midday. Contact Dave Hobson on 01949 836042 or appletrees.hobson@gmail.com

Bridge Group meets at the Bowls Club every week from 10am to midday. Contact Dave Cobley on 07966 370385 or dfcobley@hotmail.com

Thursday pm

Beer and Cider Group meets monthly on Thursday evenings, the time depending on public transport and the venue. Contact John Perry on jkp1951@gmail.com or 01949 875231

Croquet Group meets at the Butt Field Pavilion fortnightly starting on April 25th at 1:30 until September. Contacts - Jackie Hutton, 07443 595653 and Judith Wilkin, 07769 293621

German Conversation Group meets fortnightly at 2:30. Contact John Orley at john.orley@icloud.com

Creative Writing Group meets on the first Thursday of every month from 11am to 1pm at the Wildflower Cafe, Coach Gap Lane, Langar. Contact Lynne Boardman at Southam2610@gmail.com

Wine Group 2. Contact Veronica Perry on 01949 875231 or vperry1951@gmail.com

Creative Stitching Group meets every Thursday from 2pm to 4pm in the Library. All levels and types of embroidery/ patchwork, etc.

For details contact Mary Ball on 01949 851110 or ballmary394@gmail.com
Friday am
Mobility and Movement Group meets at the Methodist Centre weekly from 10am to 11am. Contact Ann Lewis on 01949 831530 or annl_uk@yahoo.co.uk
Recorder Group meets at the Old Court House on the first and third Fridays from 10:30 to 11:45. Contact Viv Dyer on 01949 838614 or vivien.dyer@ntlworld.com
Friday pm
French Group 1 meets fortnightly from 2pm to 3:30pm. Contact Lis Leslie on 01949 831602
Canasta Group meets in Room 2 at the Methodist Centre at 2pm on the first and third Fridays. Contact is Martin Cox, martin.cox1@outlook.com
Practical Gardening Group meets at 2pm. Contact Jo McHugh, jomchugh@outlook.com
Sunday
Sunday Lunch Group meets on the first Sunday at 12:30. Contact Jill Kent on 0115 9334516
Various days
Explorers Visits Group - contact Ann Lewis, 01949 831530

Position	Name	Contact number and email
Chair	Veronica Perry	01949 875231 bingham.u3a.chairperson@gmail.com
Vice Chair	Ann Lewis	01949 831530 bingham.u3a.vicechair@gmail.com
Business Secretary & Publicity	John Perry	01949 875231 bingham.u3a.secretary@gmail.com
Minutes Secretary	Jennifer Jones	01949 839572 jenniferlesley55@gmail.com
Treasurer	Leila Kirkham	07772 303328 bingham.u3a.treasurer@gmail.com
Membership	Margaret Blythe	07895 544141 bingham.u3a.membership@gmail.com
Programme Speakers	Linda Molineaux	07855 762775 bingham.u3a.programme@gmail.com
Database/Data Protection	Steve Aremia	07738 169330 bingham.u3a.database@gmail.com
Website	Dave Hobson	01949 836042 appletrees.hobson@gmail.com
Groups Co-ordinator	Ann Lewis	01949 831530 bingham.u3a.vicechair@gmail.com
Newsletter	Dave Hobson	01949 836042 bingham.u3a.newsletter@gmail.com
New Member Support	Chris Butler	01949 851860 kenbutler1@btinternet.com
Co-opted member	Robin Wilkin	07767 603799 robin@wilkinassociates.com
Refreshments*	Sue Eaton	01949 839946
Equipment*	Judy Soar	01949 837108

* Non Committee

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